



Monu Chamlagai

Monu Chamlagai was announced as the 2020 Australia Day Young Citizen of the Year for Salisbury. She is an inspiring member of the Salisbury community who generously and actively advocates for youth, refugees, women and girls and mental health awareness.

Having arrived in Salisbury with her family as an 11-year-old on a humanitarian visa after being born and raised in a Nepalese refugee camp, Monu has always had a desire to give back to the community she says has given her much more than just shelter.

Now as a young leader, having overcome a host of barriers that many young people do not face, Monu is a passionate volunteer for the City of Salisbury. She holds positions as Deputy Chair of the Youth Council and Deputy Chair of the Salisbury Intercultural Community Alliance.

While balancing her demanding volunteer roles, Monu studies a Bachelor of Psychology full time and works part time in hospitality.

Despite her busy schedule, Monu still finds time to further develop her skills by taking on board new opportunities, presenting at conferences and applying for further advisory positions.

As a young woman in the Bhutanese community, Monu inspires other Bhutanese people to have the confidence and belief that they can play an important role in the wider community.