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14 April 2023

Coming events for Term 1 2023

Friday 12 May	Yr 10 Careers Expo (Adelaide Showgrounds)
Monday 15 May	Governing Council Meeting
Thursday 25 May	School Closure Day – Professional Learning Day for Staff
Monday 29 May – Friday 2 June	Reconciliation Week
Friday 2 June	Mid Term Newsletter
Monday 12 June	King's Birthday Public Holiday
Tuesday 13 June – Monday 19 June	School Dental
Monday 19 June	Governing Council Meeting
Friday 30 June	Yr 10 Immunisation
Tuesday 4 July	Youth Opportunities Graduation 3:30pm
Wednesday 5 July	Student Led Conferences – Students Dismissed at 12:50pm
Friday 7 July	Last Day of Term – Students Dismissed at 2:10pm End of Term Newsletter
Monday 24 July	First day of Term 3

From the Principal



2023 has experienced a more settled start to the year. The Year 7s have settled in quickly and the recent Year 7 welcome night was a great chance to connect with families. It also provided the opportunity for families to meet their child's care teacher. Communication with care teachers and the school is critical in accessing support and solving problems. Your connection with your child's care teacher is very important and one that we highly value. Most parents of Year 7 teachers will share the next 4 years of their child's schooling communicating with the care teacher to support each other. It was lovely to hear from families of how positive their child felt about the start of their high school life.

The focus at present is on providing quality teaching and learning experiences. Covid is still lurking with a few cases reported, but generally has had little impact on our site so far this year. However, please remember to keep your child home if they are unwell.

The work in our classroom underpins our 3 Site Improvement Goals. The focus on reading is intense and committed and will be ongoing. Professional development and regular classroom observations will support the work we do. The Literacy Learning Intervention program began in full force in week 2 with every student in Year 8 and 9 who are not yet reading to their age level, now receiving support 2 times per week. All Year 7 and 8 students were tested to identify the students who require the support. The energy and progress evident in these support sessions is exciting, as the students embrace the process of improving their reading skills. The focus on numeracy skills in Year 7 and 8 has increased with 2 full time support staff testing and identifying students who require additional support. We are also working with our teachers to help support them develop the skills needed to support students with poor numeracy skills. A Cross Curricular Numeracy team has been established and the development of improving numeracy skills will be a whole school approach. Our updated Site Improvement Plan is

located on our website and we are now in the first year of a 3-year plan.

The goal of maintaining and improving our SACE results will also continue to be integral on our Site Improvement Plan.

The 2020 Annual Report is now complete and will be attached to our school website.

I would like to congratulate the students and staff for their proactive approach in regards to the banning of mobile phones on site, under most circumstances, at our school. The new mobile phone policy was embraced by our site and the change in culture at Salisbury HS has been impressive. Within one day the school adopted the new policy and mobile phones are no longer visible on site. For a very small number of students there have been consequences, but the breaches are diminishing daily. We were so impressed by our students that we gave out free zooper doopers at lunchtime to all students who had not had a mobile phone breach. We also allowed them to have their phones for Sports Day. Students have been compliant and respectful.

The process is as follows:

Mobile phones and headphones should not be visible at any time during the school day.

1st breach: The phone/device will be handed in to the front office for the day.

2nd breach: The phone/device will be handed in to the front office for the day and parents will be notified by email.

3rd breach: The phone/device will be handed in to the front office for the day. An internal suspension will occur and parent/caregivers contacted.

4th breach: The phone/device will be handed in to the front office at the beginning of the day for 5 days. Home will be contacted by Front Office.

5th breach: Immediate take home and 1-day external suspension.

Ongoing phone breaches will be dealt with using case-by-case management.

Late last year the school revisited our school values with the parents, students and staff via electronic surveys. As a result, for the first time in many years we have 3 new values. They are respect, kindness and achievement. We will use these values as the foundations for all we do and explicitly teach them through our care program. This has been implemented as part of the renewed focus on Positive Behaviours for Learning. The school has won a grant of \$30,000 over 3 years to improve and reenergize our work in this area.

A positive education focus has been implemented in all care programs across Years 7-12. This will provide students with tools and strategies to think and act positively taking into consideration mindset, achievement, self-esteem, relationships, etc. We have a strong 14+ PBL team that are revisiting our processes to support positive learning in every classroom at our school.

Another great Sports Day was held in week 7. Attendance and spirits were very high. The weather was near perfect and a special thanks to Ashley de Pasquale, our Sports Coordinator,

for leading the organisation and our entire staff, for their commitment and enthusiasm in ensuring a great day was had by all. It was great to see so many parents attend as well. I felt we had the biggest parent turnout since pre-covid times which added to the atmosphere of the day. A special thanks to Sergeant Jason Gilchrist and our local police officers for providing me with 2 police cars for my entrance. With sirens blazing it was a great start to the day and showed great community support. This event was followed by a large number of our students heading off to the Bridgestone Athletics complex to compete against other metropolitan schools in the A grade division. As always, our students were proud ambassadors for our school. They showed tremendous spirit in a very competitive field.



Some good news is that we can welcome the new 2023 Governing Council. We are in the fortunate position of having a full council which includes the following people:

Chairperson – John Lynn

Deputy Chairperson – Kimberley Watson

Treasurer – Natalie Cambareri

Principal – Sylvia Groves (staff Ex Officio)

Secretary – Ann-Marie Hurley (staff Ex Officio)

Community Representatives – Cr David Hood and Betty MacKenzie

Parent representatives – Billy Sansbury, Jade Govas, George Govas, Adele Martin, Rosa-Lee Preece, Hem Chapagi

Staff representatives – Christine Cole, Eden Houghton, Julianne Welk (non-voting, Business Manager)

Student representative – Sophia Cambareri (non-voting)

I would also like to thank Betty MacKenzie, our exiting Governing Chairperson. Her last child has now finished at Salisbury High School and she has passed on the reins to John Lynn. Betty was a very present and proactive chairperson. Special mentions and thanks should also go to Nicky Mason who has been the Secretary for a number of years and has ensured that even during covid times, we always held meetings and followed due processes. Her attention to detail and knowledge will be missed. Finally, Debbie Haines retired last year. She spent 18 years on the Salisbury High School Governing council as a staff representative. That is definitely a long serving record. I thank her for her energy, commitment and for sharing the staff perspective for so long. She will be missed at our meetings. We do still have opportunity for new members to join the Governing Council. Please contact Ann-Marie Hurley if you are interested in being part of this group. We would love to have you onboard.

Wellbeing Day was held again in Term 1 this year. For almost a decade now, Salisbury High School has been organising an annual Wellbeing Day event. On this half day event, we promote mental health and wellbeing and connect wellbeing related services to our school community. Popular external

agencies like Headspace, Relationships Australia, MYSA, Salvation Army etc, have supported our school with their participation. Participation of the agencies range from running a wellbeing stall to promoting their services and engaging with students through interactive games and/or delivering a Wellbeing focused presentation. When students engage with these service providers they get an opportunity to establish positive community relationships and at the same time be aware of supports that are available beyond the school. And all this happens in a fun, non-confronting and engaging manner. The colour, fun and excitement was supported by lots of free food, dancing and a real opportunity to build relationships and relax in a very positive environment. A big thanks to Perri Poudel and our fantastic counselling team, plus so many others, who made this day so successful.

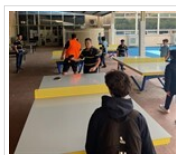
Carla Freedman, our EAL Coordinator held a large afterschool parent meeting for our EAL (English as an Additional Language) families. She provided interpreters and supported our families with information about SACE, senior school, school operations and DayMap. Attendance was very strong with these families who are very keen to learn more about secondary schooling in Australia. The richness in diversity at Salisbury High School makes it a very exciting school to be a part of. We were fortunate to have interpreters to help improve understanding and also shared some delicious cultural foods at the event. Carla has just gone on maternity leave and we wish her well as she embraces parenthood very soon. Joseph Picicella will be the EAL Coordinator until she returns. He is very experienced and has a strong knowledge of our EAL families.



It was great to see the return of the Ab Ed Quiz night. It provided an opportunity to connect with our Aboriginal families in a relaxed and fun way. It also allowed the Ab Ed team to introduce themselves and provide educational information in between the rounds. Well done to all involved.

The Clontarf Academy is in its second year at Salisbury High School and already has over 40 of our Aboriginal boys committed to their Academy. They have been visiting families and supporting our students in a myriad of ways. A focus on attendance, performance, respect, discipline, life skills, wellbeing and employment prospects are key aspects of the work they are doing. The Academy adds value to our school and is making very visible, positive differences for our Aboriginal boys. It is fantastic to see their immersion at our site and the breadth of their influence.

We are happy to announce the installation of outdoor table tennis tables and outdoor chess tables. Both have proved very popular with our students. In addition, the school is actively encouraging the growth of student led clubs to provide activities during lunchtimes. Thank you to the students and staff who have shown leadership in this area.

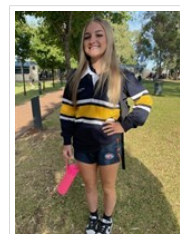


The Musical for 2023 is *Henry the 8th*. Auditions have already begun. The Musical is always one of the year's highlights. If any parents would like to be involved, please contact Sarah MacAskill at the school. The cast is looming to be one of the biggest yet

and that alone, is very exciting.

I would also like to congratulate our Student Leadership team led by Maria Blackmore. They have already identified their key focus areas and have been working on their leadership skills so they can maximise their opportunities to be leaders at our site. They are very proactive and make a real difference to our school. The demand for positions on this team is very high.

I would like to announce a new addition to our school uniform. We have added a rugby top to the options available to students. Makayla Cam wrote to the Governing Council requesting this addition with her design. The governing body agreed on the top being included as part to our uniform options. After nearly a year, the unisex top is now available at Lowes. Well done, Makayla we appreciate your initiative and hard work.



As this term comes to a close, enjoy your family time and the much-needed break.

Year 12 students will have access to the school and to some extra tuition during the holidays depending on teacher availability. Thanks in advance to those teachers who are giving up their holidays to support our students.

Old Scholars information request

We need your help to showcase our Old Scholars in our newsletter and our Wall of Fame. If you are in contact with any Old Scholars please ask them if they would like to be featured in our newsletter. Please contact Ann-Marie Hurley on 8182 0200 for further information or to make a contribution.

Sylvia Groves
Principal

Please note that office hours on Wednesday afternoons will be shortened to facilitate the professional development of our support staff. The front office will be operational on Wednesdays from 8am –2.30pm. Messages can be left on the answering machine outside of these hours.

Senior School News

We continue to celebrate the school's success in 2022, in a year that was disrupted by COVID-19. Our 2022 Destination Data clearly indicates that most Year 12 students have successfully taken the next step in their career and have transitioned to Higher Education, Training or Employment.

Of the 114 students who were in Year 12, 38 students (28%) secured an apprenticeship or employment, an impressive achievement defying local employment and national employment trends. Industry recognition of quality regional VET programs, in particular CITB supported 'Doorways to Construction' and Doorways to Construction Plus Certificate III

programs in Carpentry and Bricklaying has been pivotal in the improvement.

Pathway mentoring and planning through the Care/Student Development Program and the additional support students receive from our Senior School team, in particular Brii Daniels (VET Coordinator/Careers) and Naomi Lindsay (Data Manager) have been major factors in the outstanding post school destination achievements of our students. All 31 students (27%) who intended to study at university were offered a placement with the majority securing their first choice. Of particular note was also the three fold growth in numbers of students choosing to continue their education journey via courses at TAFESA and other Vocational Education providers, some 23 students (20%) have gone on to 'further education'.

We congratulate the class of 2022 and wish them success with their career pathways.

As a school we continue to offer a wide range of SACE supports, including Special Provisions, Modified SACE and more 'flexible' Integrated Learning options and just last week the SACE Board offered some 'Subject Modifications' in response to the situation. Regardless of the supports on offer, the requirement for students to attend lessons and produce work of an acceptable standard absolutely remains. There is no 'COVID trump card' that guarantees students SACE at the end of Year 12, it still must be 'worked for' if it is to be achieved. It is crucial that Year 12s maximise their attendance in the remaining two and a half terms of their academic year. What is most surprising is the speed at which year 12 passes, now is the time for increased efforts. Many students are currently undertaking Stage 2 Research Project and this needs to be completed by the end of Semester 1, at a C grade or above, if students are to get SACE at the end of the year. Without Research Project, students will not be able to achieve SACE. Several Year 12 subject teachers will be giving up their time in the school holidays and will be running 'holiday lessons'. I really encourage students to attend.

In terms of Year 11, a considerable number of students are really struggling to come to terms with the increased academic demands and accountability of Stage 1 SACE. Students need to really increase their commitment to study and use their study time effectively. While we encourage many students to remain at Salisbury High School to undertake Year 12, students need to 'pass' Year 11 to be prepared for the even more considerable demands of Stage 2. There is a wide range of options for those who might seek alternative to SACE completion. Please do not hesitate to contact me, if you would like to discuss any matters regarding Senior School.

Year 12 Formal – Save the Date



Adrian Mann
Senior Leader Senior School

VET News

VET

Salisbury High School has seen an excellent start to the year, with good attendance across all VET courses. VET is a significant commitment, as students are entering an adult learning environment where they must develop skills to balance their courses, school subjects and social lives.

It is of the utmost importance that students are **prompt** and **attend all sessions** when they are able to. If a student is absent due to illness, they need to message their Trainer and Mrs Daniels as soon as possible. Often, the trainer is able to provide the student with work they can complete while absent or when they are feeling better.

It is strongly encouraged that if a student feels as though they are struggling, they contact Mrs Daniels and speak to their VET trainer as soon as possible. There is a wide range of supports that can be provided to students if required. For example, each course has Learning Support Services and Salisbury High School has a Senior School tutor that can work with students one on one.

Students should expect to receive their VET reports by the end of term 1. This will be a great opportunity for students to reflect on their learning and ensure they are meeting expectations. It is strongly encouraged that if a student is not passing, they contact their VET instructor to seek clarification on how they can improve. When possible, instructors may be able to provide students with work they can catch up on independently during

the break. However, it is up to the student to contact their instructor to find out if this is a possibility.

As always, if you have any questions or concerns, please contact me via email at Brianka.daniels324@schools.sa.edu.au

VET Future Enrollments / Career Education

Salisbury High School offers a wide range of VET courses through the Northern Adelaide State Secondary School Alliance (NASASA). Currently, SHS has students obtaining certificates in Childhood Education and Care, Health Services, Animal Studies, Food Processing, Information Technology, Plumbing, Construction, and Engineering. For the full range of courses, please visit the NASSSA Website.

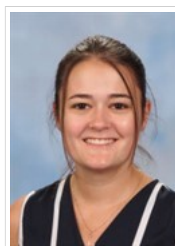
If a student is interested in enrolling in a VET course in year 11, they are strongly encouraged to complete the expression of interest form. This will allow students to be notified about Industry Immersion Activities. Students need to provide evidence of industry immersion to apply for a VET course. This needs to be done by the end of term 2. Work experience is a great form of evidence. Students are encouraged to see Mrs Daniels for more information.

https://docs.google.com/forms/d/e/1FAIpQLSejJO0lbiEul2m-BSq4ABQlaikJ71bTJRk6tr3Z_ZBQkIMDLw/viewform

One example of Industry Immersion next term is the 'Hear from the Trainer Sessions'. These sessions are available for year 9 & 10 students week 3 of term 2. Several one-hour online sessions will be running to provide insights on a range of VET courses. Students will be able to apply for a session through an expression of interest bulletin that will appear on Daymap early next term. Within these sessions, students will have a better understanding of:

- What a VET course/accredited learning is
- Which VET course is on offer (in the chosen industry area)
- Which NASSSA site the course is currently delivered at (in 2022)
- What pathways the course leads to
- What learning "looks like" in this course (this may include photos of the types of activities students engage with)
- Student feedback and advice about the course
- Time to ask questions

More VET Industry Immersion activities will be announced via Daymap early next term.



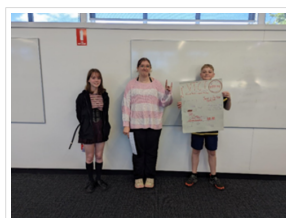
Brianka Daniels
VET and Careers Coordinator

Careers News

Futurepreneurs Program

On Friday 31st March, a group of Year 10 Salisbury High students engaged in a 'Futurepreneurs' program on site as facilitated by The Smith Family. This was an all-day program offered to students whom were eager to partake in time-based challenges that fosters skills for starting their own business and/or creating products.

Our Salisbury High students were respectful throughout the on-site program, engaging with Smith Family facilitators, Greg and John, as they created innovative solutions to reducing waste in the future. Students then presented their solutions to their peers. Examples of student work can be seen below.



Careers Update

Mrs Daniels and Ms Milne have currently been engaging with relevant personnel such as the Smith Family and Flinders University to plan for career led opportunities across years 7-12. These ultimately support in providing engaging programs to support careers exploration.

Please see a snapshot of Careers based programs planned for Term 2 and subsequent dates

Year 7

08/05/23: Flinders River journey - *Encounter* – Introduces the idea of life being a journey. Facilitators share their education and career journey and begin a dialogue about tertiary pathways, careers, and qualifications. This session aims to stimulate students' interest in higher education and future opportunities and will be delivered in a care group setting.

22/05/23 TBC: Flash Mentoring facilitated by The Smith Family. Based on popular Career interests identified within a survey, students will hear from a range of guest speakers from a variety of industries. These presenters will discuss their pathways (not always a linear one), roles within industry and answer student led questions.

Year 8

15/05/23: Flinders River Journey - *Explorer* – Focuses on the idea of transitions and choices leading to different pathways, outcomes and lifestyles. This session aims to encourage students to begin planning ahead for their educational and/or employment goals and will be delivered in a care group setting.

19/06/23 TBC: Flash Mentoring facilitated by The Smith Family. Based on popular Career interests identified within a survey, students will hear from a range of guest speakers from a variety of industries. These presenters will discuss their pathways (not always a linear one), roles within industry and answer student led questions.

Year 9

08/05/23: All Year 9 Aboriginal and Torres Strait Islander students will attend a Careers Education session as facilitated by Careers Tracker

15/05/23: Year 9 ATSI students to partake in Aspirations vs Reality program during Personal Development

22/05/23: Flinders River Journey - *Investigator* – Introduces goal setting, the notion of careers and what they are, and how to find your fit within the world of work. The session also opens dialogue for career typologies, career pathways and back-up plans to match the students' personal interests and achievements. This will be delivered in a care group setting.

02/06/23 (TBC): Civil Train House Tour. Civil Train SA is offering an in house 3-hour interactive Industry Immersion Session. Students will have the opportunity to gain an interactive experience into the world of Civil Construction through; gamified learning; operate a variety of simulated heavy machinery including an excavator, frontend loader, and haul truck. Students will learn how to undertake pre-starts and how to safely operate the vehicles. *Simulated 'entering a confined space' activity will be conducted in the confined space room at CCF SA training facility, Civil Train SA. Students apply via expression of interest.

26/06/23: Flash Mentoring facilitated by The Smith Family. Based on popular Career interests identified within a survey, students will hear from a range of guest speakers from a variety of industries. These presenters will discuss their pathways (not always a linear one), roles within industry and answer student led questions.

Year 10

08/05/23: All Year 10 Aboriginal and Torres Strait Islander students will attend a Careers Education session as facilitated by Careers Tracker

12/05/23: The whole Year 10 cohort will be attending the Careers & Employment Expo at the Adelaide Showgrounds. This excursion which will provide increased exposure to a variety of post school pathways relevant.

15/05/23: Flash Mentoring facilitated by The Smith Family. Based on popular Career interests identified within a survey, students will hear from a range of guest speakers from a variety of industries. These presenters will discuss their pathways, not always a linear one, roles within industry and answer student led questions.

18/05/23 & 19/05/23: Work Inspiration - Trade Focused (University focus dates to be confirmed). Students will engage in an off-site program whereby they will learn more about themselves and engage with employers first hand. This program is employer led, focusing on creating both positive and meaningful connections to the world of work. The program will run over 2 full day sessions, the second session occurring on 19/05.

02/06/23 (TBC): Civil Train House Tour. Civil Train SA is offering an in house 3-hour interactive Industry Immersion Session. Students will have the opportunity to gain an interactive experience into the world of Civil Construction through; gamified learning; operate a variety of simulated heavy machinery including an excavator, frontend loader, and haul truck. Students will learn how to undertake pre-starts and how to safely operate the vehicles. *Simulated 'entering a confined space' activity will be conducted in the confined space room at CCF SA training facility, Civil Train SA. Students apply via expression of interest.

06/06/23: Flinders River Journey - *Navigator* – Looks at jobs of the future and explores how students can build enterprise skills to prepare for uncertainty in the workforce. A strengths-based approach is used to encourage students to reflect on their skills and achievements. It also encourages students to consider the education pathways required for their career journey. This will be delivered in a care group setting.

21/06 - 22/06/23: Civil Construction Trade Taster: Students will gain hands-on experience in the world of civil construction by participating in key technical activities that play an important role in the delivery of industry projects. On the first day, the students learn about road construction, road safety, and mobile plant (earthmoving) operation. Learners will engage in traffic management activities, scenarios, and gamified learning while operating a variety of simulated heavy machinery such as an excavator, frontend loader, and haul truck. Using our mobile plant simulators, students will learn how to perform pre-starts and how to operate vehicles safely. On the second day, the

students will learn about safe work practices, identifying and locating underground service locations, working at heights, and entering confined spaces. A simulated 'entering a confined space' activity will be conducted in the confined space room as part of an introduction to working at heights and confined space. This activity is not a confined space, but it is used to simulate the conditions of being in one. Students apply via expression of interest.

Year 11

Date TBC: Work inspiration (date to be confirmed)

03/05/23 National Careers Institute Presentation. The national careers institute can assist with pathway planning, resume writing, mock interviews, and more! Student can then book in for 1:1 guidance session following the presentation.

08/05/23 All Year 11 Aboriginal and Torres Strait Islander students will attend a Careers Education session as facilitated by Careers Tracker

21/06 - 22/06/23: Civil Construction Trade Taster: Students will gain hands-on experience in the world of civil construction by participating in key technical activities that play an important role in the delivery of industry projects. On the first day, the students learn about road construction, road safety, and mobile plant (earthmoving) operation. Learners will engage in traffic management activities, scenarios, and gamified learning while operating a variety of simulated heavy machinery such as an excavator, frontend loader, and haul truck. Using our mobile plant simulators, students will learn how to perform pre-starts and how to operate vehicles safely. On the second day, the students will learn about safe work practices, identifying and locating underground service locations, working at heights, and entering confined spaces. A simulated 'entering a confined space' activity will be conducted in the confined space room as part of an introduction to working at heights and confined space. This activity is not a confined space, but it is used to simulate the conditions of being in one. Students apply via expression of interest.

22/05/23: Year 11 ATSI students to participate in a Study Workshop

26/06/23: What's Plan B? will provide opportunities for students to engage in individual reflection and group discussions in a supportive care class environment. The Smith Family will provide support materials to assist students in exploring career preferences and post-school transitions and developing an appreciation of unplanned events and the need for adaptability.

Year 12

08/05/23: All Year 12 Aboriginal and Torres Strait Islander students will attend a Careers Education session as facilitated by Careers Tracker

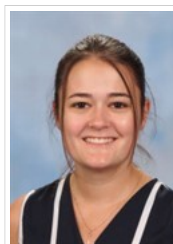
05/06/23: ATSI students to partake in an Applications and Scholarship writing workshop.

20/06/23: Flinders NASSSA Excursion (TBC). University pathways students will visit Flinders University to gain insight to the vast programs and degrees offered, campus life and related activities.

26/06/23: What's Plan B? will provide opportunities for students to engage in individual reflection and group discussions in a supportive care class environment. The Smith Family will provide support materials to assist students in exploring career preferences and post-school transitions and developing an appreciation of unplanned events and the need for adaptability.

More details and/or events are yet to be announced! To ensure you stay updated, please check DayMap Bulletins regularly. Please see Mrs Daniels or Ms Milne if you require further information

Sophie Milne - PLP and Careers Coordinator & Brianka Daniels - VET and Careers Coordinator



Brianka Daniels
VET and Careers
Coordinator



Sophie Milne
PLP and Careers
Coordinator

Junior and Middle School

Junior School News (Year 7 & 8)

As we come to the end of term 1, it is important to reflect on the progress and achievements that have been made so far. Many of our new year 7 students have settled into the school routine and have developed positive relationships with their teachers and peers. Please discuss and talk with your students regarding their academic progress, attendance, and behavior throughout the term, especially now that end-of-term grades and reports have been released.

We have seen fantastic success with our No Phone policy and students have been more engaged in their learning with fewer distractions. Thank you all parents and caregivers for also supporting this new policy and encouraging your children to focus more on their studies.

Students have participated in many exciting events such as Wellbeing Day and Sports Day, which have encouraged physical activity and promoted positive mental health. The positivity and enthusiasm demonstrated by students during these events has been heart-warming to see.

We also applaud the effort put in by our teachers, who have worked tirelessly to create a conducive learning environment for our students. We hope to see our junior school students making the most of the support and resources that have been provided to them by their teachers and the school.

Middle School News (Year 9 & 10)

As we approach the end of term 1, I would like to sincerely thank our Year 9/10 students and families for continually

supporting our school and community. We have recently completed snapshots and our students have been quite successful. This is a real credit to them and is encouraging going into term 2. The Athletics, Bridgestone and Well-being days have all been significant highlights this term. The Year 9's facilitated our school well-being day and ran very successful stalls.

Our Year 10 cohort are also engaging in the first Youth Opportunities program for the year. Students have almost completed the program and will celebrate their achievements at their Graduation in Week 11 (Thursday 13th of April), supported by their families, friends, teachers and trainers.

A friendly reminder to parents and students that the upcoming Student Led Conference (SLC) which will be held on Wednesday 12th of April (week 11) will be face to face. We encourage families to please make online bookings via the school website as soon as possible. This is such an important event in the school calendar in which students will be reflecting on their learning. Students have been planning their student led presentations over the past weeks.

We look forward to the school holidays and hope that it gives staff, students and families the opportunity to reset and come back refreshed and motivated for term 2.

Mobile Phone Policy



2023 School Year - Mobile Free Zone

In line with new government legislation, we are excited to become a mobile free zone from the beginning of the 2023 school year.

The new policy requires all public schools to implement a ban on the use of mobile phones and smartwatches, for all students, from the time they arrive at school to the end of the school day.

This means phones must be out of sight during the school day, including recess and lunch. The mobile phone policy aims to promote a safe environment for both teachers and students and families are asked to work in partnership with the school to enforce the new rules. We understand there may be instances where you need to get an urgent message to your child, please

do so by contacting student services on 8182 0200. Students have already been very understanding of the mobile phone policy and it has been pleasing to see them engaging in conversations, rather than turning to their devices. We look forward to your support with this new policy.

Uniform

Uniform Expectations

Students at SHS are expected to wear correct school uniform every day. Students who present to school not in uniform will be provided with appropriate items for the day. If there is a reason that they can't be in school uniform please let us know and we can assist.

<http://www1.salisburyhigh.sa.edu.au/enrolments/uniform.html>

Please see below for reference:

Uniform choices

- Unisex striped Polo Shirt with school logo
- Dark blue or navy pants, shorts or skirts.
- Salisbury High School windcheater
- Short sleeve white shirt/blouse and school tie
- No jeans or leggings may be worn



Our school uniform retailer is Lowes, which can be found in the Parabanks shopping centre. Lowes have a 20% sale every term.

The new school Rugby top has been released and is available NOW!

Please see the updated school uniform price list.

Attendance Expectations

Attendance is compulsory for students who are at least 6 years old but not yet 16 years of age, this is known as being of compulsory school age. Every child of compulsory school age is required to be enrolled at a government or non-government school and is required to fully participate in the education program arranged and approved by the enrolling school.

At SHS, school **starts at 8.40am & finishes at 3.10pm (Monday, Tuesday, Thursday and Friday) and starts at 8.40am and finishes at 2.10pm (Wednesday)**. Students are to go straight to class if arriving between 8.40-9.00am, after this they are required to sign in at Student Services. A phone call or note from a parent should accompany the child when they are late.

If a child is absent from school on any particular day the **parent/caregiver** should contact the school before 9.00am to let the school know the reason for their absence.

A text message is sent between 9.30-10.00am for Junior and Middle school students & 11.00am-11.30am for senior students for those children who have been marked unexplained and no explanation of their absence/lateness has been documented on Daymap. Care teachers will follow up with families if absences/lateness remains unexplained.

Students who need to leave early must have preapproval organised by families (a note or phone call to the office). Staff will not phone home for students seeking permission to leave unless they are unwell.

Please look at the below link for more info:

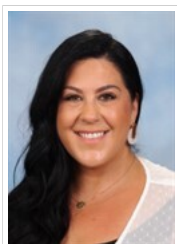
http://www1.salisburyhigh.sa.edu.au/images/pdf/SHS_Attendance.pdf

Community Service

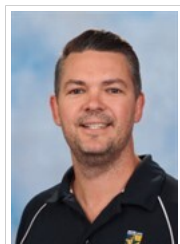
Community Service occurs on Mondays, Wednesdays and Fridays for 20 minutes, for students with off-task behaviours, lateness and other time-wasting issues in class. Students will be required to give back to the school community. Students will meet at the back of the Trade Centre at the start of lunch in Term 1 and must have their name marked off the roll. This has been introduced to support learning within classrooms. Students who do not attend community service, although present at school, will be placed on a full lunch detention (30 minutes) with leadership the next day. Community Service detentions will appear on DayMap and an email sent to care teachers informing them. Failure to attend again will result in the Senior Leader for Middle School becoming involved and further consequences will follow.

Task Completion Time (TCT)

When a task is not completed, a student will be enrolled in a scheduled learning area TCT. TCT sessions will run either during lunchtime or after school. This process is for all students in Years 7 – 12. Students will be supervised by curriculum coordinators, subject teachers, leadership and TRTs. Completion of tasks is not optional at Salisbury High School, it is essential.



Cherie Dawkins
Senior Leader Junior
School Yrs 7 & 8



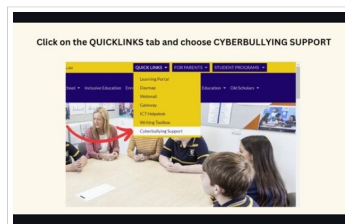
Leon Karvelis
Senior Leader Middle
School Yrs 9 & 10

Reporting Cyberbullying at School

Did you know you can now report Cyberbullying via our school website? This report is made through the THINK U KNOW website, managed by The Australian Federal Police. Reporting via the website is an effective way for law enforcement to act promptly in relation to any

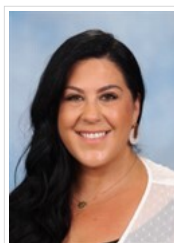
Cyberbullying. If you have any queries about making a report, please do not hesitate to contact the school for more information.

http://www1.salisburyhigh.sa.edu.au/images/pdf/SHS_Attendance.pdf



Open Night

We recently held our Open Night, and what a success it was. Thank you to all staff and students who helped showcase all the amazing things we are doing around our school. New parents for 2024 enjoyed a free BBQ and were impressed by the amazing learning areas that displayed experiments, work examples, and performances. Well done and thank you again.



Cherie Dawkins
Senior Leader Junior School Yrs 7 & 8

STEM Update

Stem Forum

On Tuesday the 28th of March, Salisbury Council hosted their first STEM Day to inspire Years 8 – 11 female students to pursue a career in STEM related industries. 25 Students from SHS participated in this day and were great ambassadors for our school, asking insightful and intriguing questions of our presenters.



This was a unique opportunity for students to learn more about the many different career opportunities for women in STEM, hear from inspirational STEM leaders and learn more about their employment pathways. Students visited leading employers in the Northern Adelaide region including Codan Ltd, BAE Systems Australian, Saab Australia Pty Ltd, Topcon Precision Agriculture and Defence Science and Technology Group.



STEM FORUM Event Program

9.30 AM	WELCOME Amy Pokoney-Cramey
9.35 AM	WELCOME TO COUNTRY Violet Buckskin
9.40 AM	MAYOR'S MESSAGE Mayor Gillian Aldridge OAM
9.50 AM	GUEST SPEAKER: DR SYLVIE PERREAU Chief of Sensors and Effectors Division Defence Science Technology Group
10.20 AM	GUEST SPEAKER: DR LISA BAILEY Senior Exhibition Manager Museum of Discovery (MOD) University of South Australia
10.55 AM TO 11.15 AM	MORNING TEA
11.15 AM	STUDENT ALLOCATION TO BUSES
11.30 AM	SITE VISITS
2.45 PM	EVENT CLOSE






STEM FORUM Event Program

PRESENTER BIOGRAPHIES

DR SYLVIE PERREAU
Chief of Sensors and Effectors Division
Defence Science Technology Group

Dr Sylvie Perreau graduated from Telecom ParisTech with a PhD in Telecommunications Signal Processing in 1998. She has established an international reputation in the areas of Wireless Sensor Networks with over 80 publications and 1700 citations. She joined DSTO (now DSTG) in 2011 where she worked predominantly in the Intelligence Domain before leading the Contested Communications Branch. In January 2023, she was appointed as Chief of Sensors and Effectors Division at DSTG and was awarded an Exceptional Achievement Award from the Australian Signal Directorate (ASD) in 2018 and the 2020 Minister's Award for Achievement in Defence Science for her work in signal processing and wireless networks.



DR LISA BAILEY
Senior Exhibition Manager
Museum of Discovery (MOD) UniSA


Dr Lisa Bailey has extensive experience working as a science communicator in cultural institutions both in South Australia and the UK, creating and curating varied science engagement programs of online content, events, film festivals and exhibitions.

Lisa graduated with a PhD in Biochemistry, before switching to a career in science communication. She has worked at the Royal Institution of Great Britain, The Royal Institution of Australia as Program Manager, and is now the Senior Exhibition Manager at the Museum of Discovery at The University of South Australia. She also has lectured in Science Communication at Flinders University. Lisa was also formerly President of the Australian Science Communicators, the national forum for science communicators and science journalists in Australia from 2018-2021.






Tutoring



MATH OR SCIENCE NOT MAKING SENSE?

NEED HELP?

**MATH & SCIENCE TUTORING AVAILABLE
EVERY TUESDAY 3:10PM - 4:00PM IN AC2**

**ALL YEAR LEVELS
EXPERT TEACHERS**

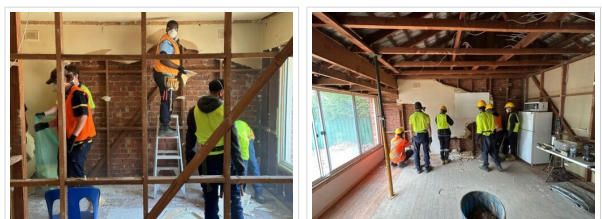


Rebecca Ludewig
Senior Leader - Mathematics, Science and Numeracy

Doorways 2 Construction (D2C)

In Term 1, Salisbury's Certificate II in Construction Pathways students started working at this year's Doorways2Construction live site (11 Benalla Road, Brahma Lodge). The house this year was built in 1964 and is in need of a facelift. To start the Term students deconstructed the inside of the house. They removed the original kitchen, carpet and all the plasterboard linings. With all the plasterboard linings removed, the students could assess the condition of the house's timber frame. Students then repaired the frame wherever it was damaged. The house is now ready to be insulated and have new plasterboard installed in Term 2.

As part of the Certificate II in Construction Pathways this year, students will experience the following trades. Carpentry, plasterboard fixing and flushing, concreting, plumbing, painting and landscaping. The program is looking forward to a productive and safe Term 2 on site.



What's YEC?

The Youth Environment Council (YEC) of South Australia provides young people with a voice in key environmental issues facing South Australia, and gives them opportunities to take action to achieve a more environmentally sustainable future for SA. Members learn and share ideas about sustainability, take part in online and face to face forums, and receive support to run their own environmental projects at school or in their local community.

On the 30th of March, our 4 student members attended the Welcome Forum, held at Belair National Park. It was an exciting day where they met the group and shared ideas with other Council members, participated in fun activities, and found out more about the program. Highlights included meeting others and interesting workshops focused on weaving, nature photography, and nature journaling.

Congratulations to Cara Castle, Isabella Kenney, Jayden Giles-Turner and Mikayla Gilbert. This group will be attending a three-day camp in the school holidays at Arbury Park Outdoor School for further team building and leadership activities. They will continue to learn about ecological and sustainability topics and plan their environmental project. We look forward to seeing your ideas come to life here at school this year!



SAT Project Teams

After a busy start to Term 1, our Student Action Team have now started working on their Project Teams. Their priorities are:

1. Mental Health and Wellbeing
2. Environmental Sustainability
3. Improving Student Clubs

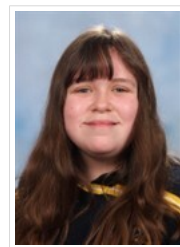
They will be working through the Design Thinking Model to implement changes in each of these areas over the remainder of 2023! This process allows our decisions to be evidence-based and leads to better outcomes for our school. Many of our returning SAT members will be building on the skills and lessons they learned last year, whilst mentoring our newer members and encouraging all voices to be heard.

They are working toward a 'progress check-in' lunch scheduled for Week 3 next term where they will be presenting their ideas to the larger group, as well as our dedicated group of SAT Support Staff.



Our Governing Council Representative

Congratulations to Sophia Cambareri from Year 8 who will be our student representative on the Governing Council. She's already attended and spoken at 2 meetings this year, and has been great at amplifying the voice of her peers. We thank her for her commitment and leadership!



Northern Opportunities

Year 9 Introductory City Visit

On Thursday of Week 9, a group of fifteen Year 9 students went on an exclusive excursion to welcome them into the Northern Opportunities program. Thank you to Evan Polymeneas for guiding the group, and to Peter Groves for volunteering to drive the bus.

This was a chance for students to get to know other Year 9s in the program, become familiar with the city, visit tertiary education venues, understand their future career options, and meet the program sponsors and mentors from the Kain Foundation. The students loved the experience and expressed that it was informative, insightful, and interesting, albeit tiring after a whole day of walking!

Highlights from the trip included:

- Visiting both Adelaide Uni and UniSA and seeing dinosaur bones!
- Realising that there are lots of comfy places around uni to study between classes;
- Catching the tram in the city and learning about Newton's Laws of Physics - when those brakes slam on, make sure you're holding on too!
- Meeting mentors from the Kain Foundation at Kain Lawyers, hearing about Raise Mentoring, enjoying their free lunch and raiding their mentos bowl...
- A quick drop into Twelve25, our local youth centre, and hearing about services they can tap into!



This excursion marked the start of the 4-year Northern Opportunities program for this group. Starting in Term 2, the

students will commence 20 weeks of one-on-one mentoring. We look forward to supporting them on their journey and are excited to see their growth!

Our NOP Year 9s are:

Cole Wilson, Connor Shiers, Justin Winter, Katelyn Watson, Keli Ladhams-Prideaux, Kobe Mizon, Kyamma Thompson, Lucy Van Galen, Mathew Dedেকে, Meekah Thomson, Megan Vast, Michael Darby, Shoaib Shoaib, Skyla Neil, Willow Sipos

Year 10 NOP Youth Opportunities Group

Congratulations to our Year 10 Northern Opportunities group who interviewed for and were accepted into Youth Opportunities. They will continue to work together in Term 2 to set goals, learn strategies and reap the rewards of personal improvement. These students will be going to Twelve25 once a week, guided by their Youth Opportunities trainers, and will earn 20 SACE credits for their efforts. Little do they know that in 10 short weeks, they'll be sharing a speech at their YO graduation in front of peers, teachers, family and friends! We're excited for what Term 2 holds for this group!

Our NOP Year 10s are:

Aristea Govas, Carter Rankine, Eboni Pettersen, Emma Fleming, Emma Roberts, Fiona Memen, Jackson Miles, Jayden Williamson, Kristie Creighton, Lara Doughty, Olivia Heading, Rose Symes, Sienna Thornton, Sophie Rafferty, Stacey-Lee Plews

Year 11 PrepMe Excursions start this term

The group that started Northern Opportunities in Year 9 in 2021 will be heading off to 5 day's worth of excursions this year. Through these curated opportunities, they will better understand what careers exist and how people get where they want to go, by hearing from professionals from various career pathways. They'll also be involved in workshops, talks and tours. This is often a great opportunity for students to solidify what they want to do as they leave school, or to be exposed to other opportunities that they've not yet seen. We're grateful to the Kain Foundation for utilising their networks to connect our students.

Our NOP Year 11s are:

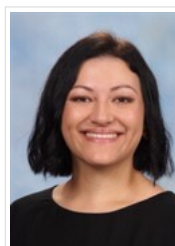
Ava Mansell, Brodie Ashcroft, Corey Penn, Ebony Fischer, Gemma Dayman-Clark, Hayden Aramoana, Jasmine Hawkins, Jessica Myatt, Jessie Sheedy, Kouger Shiner, Lachlan Higgins, Sean Angel, Skyla Bath, Tia Curley, Vinnie Reed

Year 12 Work Experience – Early beginnings!

2023 welcomes our first cohort of Northern Opportunities students to Year 12. As students are busily working toward achieving their SACE and unlocking their next steps in education and work, the Kain Foundation is working toward finding them work experience in their chosen fields. Some students have already been offered the chance to apply for opportunities in the medical field, and there's only more to come. Watch this space!

Our NOP Year 12s are:

Bella Danjko, Benjamin Mettke, Charlotte Kean-Hann, Cody Obst, Gemma Jobson, Jack De Leo, Kaleb Short, Kayley Higgins, Kyra Parlovich, Lachlan Schoepf, Marianna Galouzis, Olivia Williams, Paige Brown, Peyton Ladhams-Prideaux



Maria Blackmore
Coordinator SAT

International Women's Day

Adelaide International Women's Day Breakfast

The Adelaide International Women's Day (IWD) breakfast is the largest event celebrating IWD in Australia and it is the largest annual women's event in the Adelaide calendar. This event was established in Adelaide in 1993 and has tremendous support from the Adelaide community raising \$100,000 in 2022.

The 2023 Adelaide IWD Breakfast was held on Friday 10th March 2023 at the Adelaide Convention Centre. Three outstanding year 11 students (Rithisa Dahal, Nabina Dahal and Fatima Al Amary), Mrs. Freedman and myself were invited to represent Salisbury High School at this event.



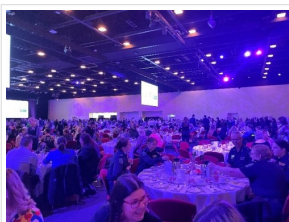
International Women's Day 2023 celebrated the theme *Cracking the Code: Innovation for a Gender Equal Future*. Innovation is a driver for change that helps to showcase the unique skills and knowledge women and girls bring to science, technology, engineering and mathematics (STEM).

Women make up only 27% of the workforce across all STEM industries and 23% of senior management and 8% of CEOs in STEM-qualified industries. So we still have a way to go.

Hosted by Senator Penny Wong, the guest speaker United States Ambassador to Australia, Caroline Kennedy spoke about the key role education has in transforming lives and building nations that are strengthened by the diversity of their people.

I was personally moved by Senator Wong's retelling of part of a 10 year old Pacific Islander speech 'when you do things for yourself they die with you, but when you do things for others they live on'. This echoes former President John F Kennedy's famous statement "...ask not what your country can do for you

- ask what you can do for your country.” President John F Kennedy was Ambassador Kennedy’s father.



Rebecca Ludewig
Senior Leader - Mathematics, Science and Numeracy

EALD Update

Cultural Food

For the holy month of Ramadan, a group of Arab girls made multiple cultural dishes. They made Falafel wraps, rice pudding and kibbeh. On Monday after school, we got together to make the rice pudding, ready to be offered the next day for free at lunch time outside B4. We had our cultural music playing as well which was a lot of fun.

~ **Bana Al Nakeib – Year 9**



Prayer Room

It gives me great pleasure to announce the opening of a Salisbury High School Prayer Room. This has been a place that our community has requested for a while, hence it is with great pleasure that we offer such a sacred prayer space for our Muslim community. During the month of Ramadan, our Muslim students and staff have the opportunity to pray their duhur in our sacred space. In line with the daily time for duhur, girls have been invited to pray from 12:20pm – 12:40 pm, whilst boys have been offered the time between 12:45 – 1:05pm. The prayer room is located in B10. Students are encouraged to bring their own prayer mats.

Open Night

On Wednesday 22nd of March we had our opening night here at Salisbury high where we had families coming in along with their children to check out the school. On the night, there were some students that helped out, representing our school and what we do. On display, we had student’s workbooks, novels, assignments and projects for the upcoming year 7s and their

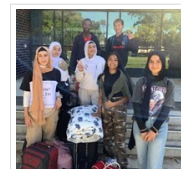
parents to have an idea of what we do and how we assist our students to succeed.

~ **Bayan Al Nassar – Year 11**



2023 Youth Ambassador’s

- Qamar Udeh
- Rimas Al Edilan
- Romisha Gurung
- Nasima Muhammad Karam
- Saima Haidari
- Alex Man Sian Sang
- Safari Ndagije



ARA Youth Ambassador Camp

Friday

On Friday the 17th of March, the ARA Youth Ambassadors went on a 3-day camp. We travelled to the campsite by bus with some other different schools such as Salisbury East, Craigmore, Adelaide Secondary School of English, Mark Oliphant, Golden Grove. One of the things we did on the first day of the camp was the Challenge Hill, which included all of the students. We were all separated in different colour groups and took a group picture before starting the Challenge Hill. Each group did different challenges at different times but we all had to do all the challenges with the support of our group. This was one of the greatest experiences we have had and the most fun part of the camp.

~ **Saima Haidari – Year 10**

On Friday night after challenge hill, my friend and I asked the teacher if we could play hide and seek. Shockingly she said “yes”. So, after our dinner, before we went to bed, we went to the woods to play. In the first round, I was the seeker, and some of my friends were too. After we counted, it was hunting time, so we turned on our flashlights and started looking for people to tag. About 5 minutes later I caught my victim ? but she cheated and decided to run. I said to her “You can try to hide but you can’t escape me!” But in the end, I caught the seeker won that round and the teacher reward us with ice cream. Later that night we went back to our dorm and make some new friends, we all stay up talking about how well we did on the game and ate some of our snacks and drinks.

~ **Alex Man Sian Sang**



Saturday

On Saturday night, the Youth Ambassador camp was filled with excitement and energy as campers participated in various activities. The highlight of the night was the cultural clothes modelling, where campers showcased their traditional outfits, while upbeat music played in the background. The atmosphere was lively and engaging, with everyone cheering and applauding the models. The fun continued with a dance parade, where campers showed off their moves and grooved to the beat of the music. In addition to the entertainment, the camp also emphasized teamwork and responsibility. Campers were divided into teams based on colour and each day, a different team was responsible for cleaning and serving meals. Overall, Saturday night was a memorable experience that brought the camp community closer together.

~ Qamar Udeh – Year 10



Sunday

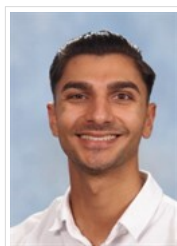
The last day of camp Sunday, we all had breakfast and a small presentation on what our schools should do for refugee week. Later on, we did some activities which included painting on a rock. After painting, we all went outside and sat in a big circle and talked about our feelings. Then the moment came where we all had to pack our stuff, clean our Dorms and took our stuff outside ready to put it in the bus when it was time to go. We had our last lunch with all the amazing people we met in camp and finally the time came where everyone had to say bye to each. We all got on our bus but already started missing our new friends so we called them on our camp group chat and talked about the memories we made together.

~ Nasima Muhammad Karam

On the last day of the Camp, which was the 19th of March on Sunday, the students woke up early in the morning and got ready for the day. When everyone arrived at the main hall, the blue team helped prepare breakfast and the tables with the adults, whilst other students lined up for food. After getting served, the students took their seats and ate whilst talking and laughing. After breakfast, the ARA Youth Ambassadors,

as well as the students from the Secondary School, we sat at a table with our colour groups. When everyone settled down, the adults showed us a presentation about refugees and their lives. After some time, the Secondary students were separated from ARA Ambassadors and were taken outside to do different activities, whilst the others got into their school groups and continued the presentation. When the presentation finished, the group re-joined and had morning tea, and right after that, we painted what ever came to our minds. Not only that, but we also got to paint on a rock and take it home as a memory. When all the activities were finished, the students were given the last 15 minutes to say bye to each other, and were given the time to get everyone's social media to stay connected. When the 15 minutes ended, everyone got their luggage in the bus and came back.

~ Romisha Gurung – Year 10



Joseph Pipicella
EALD & Cross Curriculum
Literacy Coordinator

Wellbeing Day 2023

On Friday 3rd March, Salisbury High School hosted their annual Wellbeing Day for 2023.

The main focus of the event this year was increasing accessibility to mental health services and fostering positive connection to the community.

A big thank you to the generous service providers who attended the event. It was great to see our students and staff engage with various service providers and learn about important topics around wellbeing. It was also great to see various agencies using the opportunity to network amongst each other.

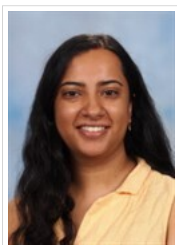
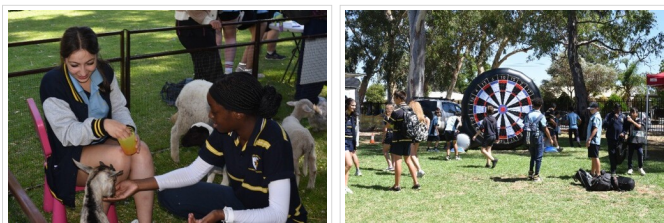
Thank you to Relationships Australia, Legal Services Commission and The Smith Family for facilitating year level presentations to our Year 8s, 9s and 10s respectively. Relationships Australia delivered a presentation on Gambling addiction and ways to manage it. Legal Service Commission focused on the topic of consent and The Smith Family facilitated workshop on self-awareness and growth.

Thank you to our wonderful staff, students and parents for their contribution. We had multiple students and staff led stalls with range of activities and games. Our students also got to taste a variety of cultural dishes prepared by our lovely teachers, parents and students. The students also got to play soccer, dart, do rock-climbing through Jump Ride & Slide Company. The school also had a wonderful opportunity to cuddle and feed little baby animals; thanks to the Old Macdonald's Travelling Farm.

Everyone had the pleasure of watching dance and music performances during lunch and recess time.

We have included some images from the event – lots of smiling faces!!

Thank you again to everyone for making the event successful.



Perri Poudel
Student Wellbeing Advisor

Students with Disabilities News

Volunteering at Foodbank Warehouse

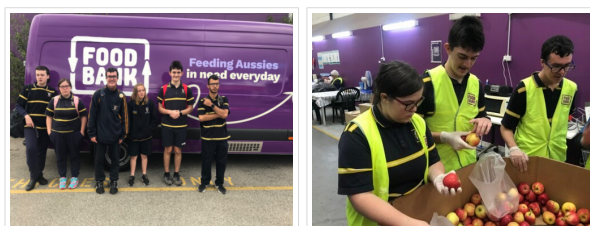
Students in the Senior Special Unit Class recently volunteered at the Foodbank SA Warehouse at Edwardstown.

They used public transport to travel to and from Foodbank. Students researched the times of trains and how long they would need for their journey. Some bought tickets on the trains, others already had fully charged multi-trip tickets for their journey.

Our students learnt about where to keep their personal belongings, toilet facilities and the lunch area at Foodbank. We had previously participated in an online Zoom induction with the Foodbank Education Officer. We wore high vis vests and learnt that Foodbank is a factory with machinery, so need to be careful, there is no running.

Students packaged apples into bags. The apples were seconds apples that had been donated to Foodbank. We needed to check the apples for bruising or damage that could cause the other apples to go off. We packed a full bin of apples. The apples will be distributed to school breakfast programs in the metropolitan area.

Students were able to develop their workplace skills through the experience and were satisfied that they had contributed to Foodbank programs through volunteering. They will be doing two more volunteer placements next term and look forward to these days.

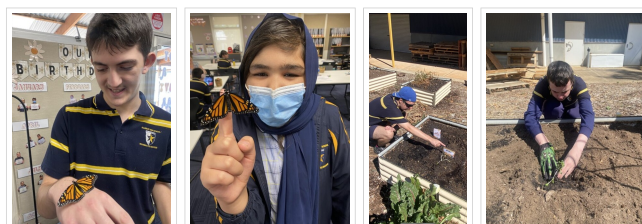


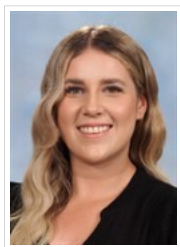
Andrew Ward
SWD Teacher

Monarch Butterflies in Biology



This term our focus has been on Biology, we have investigated the stages of life, made observations around living and non-living things and have closely monitored and recorded real time observations on the life cycle of the Monarch Butterfly and different types of seeds. Students have been enthusiastically caring for their seeds which have now sprouted and transitioned to the garden. Students have also been actively involved in caring for our caterpillars, we currently have 12 chrysalises and released our first butterfly on the 6th!

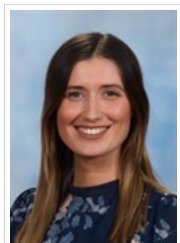
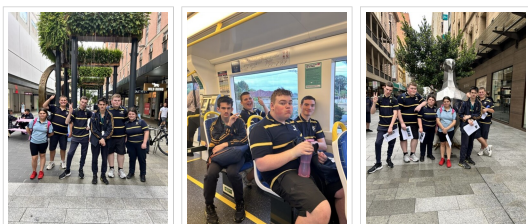




Jess Bedell
SWD Coordinator

City Based Discovery Program

This term students have been participating in the City Based Discovery Program, a weekly excursion where students learn about accessing public transport, building positive relationships with staff and students in a range of contexts, and being safe in the community. Students visited a range of locations in the city including Rundle Mall, Linear Trail, Adelaide Museum, State Library of South Australia, Adelaide Central Markets and more! We loved meeting up with the Para Hills Disability Unit every week, it has been great to see positive relationships being built across both sites and watching their confidence grow using public transport such as trains, trams, and buses. Looking forward to more adventures in Term 2!



Amy Checkley
SWD Teacher

Outdoor Education

Outdoor Education Update – Term 1

Term 1 has seen a busy start for the Outdoor Education Cohort, with Excursions and Camps already underway. Salisbury High school is now offering 2 different semester courses at Stage 1 and a full year Stage 2 course, with over 80 student enrolments in the subject across years 11 and 12.

Stage 1 Outdoor Education

All Stage 1 students had the opportunity to take part in 2 x 2-hour Indoor Rock-Climbing sessions at Vertical Reality Holden Hill. These sessions saw students push through mental and physical barriers in a safe environment, with many students overcoming their fears to make it to the top of the rock wall.

Students have used their experiences as the basis of their key assessment task for the term.



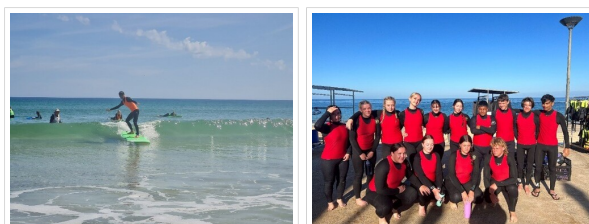
Stage 2 Outdoor Education

All Stage 2 students participated in a 3-day Aquatics Camp held at the Port Noarlunga Aquatic Centre. Students stayed at the Christies Beach Caravan Park, making the most of the amenities on their first camp. Students camped in tents and developed their Trangia cooking skills in preparation for future journeys to more remote areas.



Over the three days students participated in 4 surfing sessions, 1 snorkelling experience and were lucky enough to complete an extended paddle to the South reef, to explore rock-pools and the inter-tidal zone. The group was lucky to experience mild Autumn weather conditions with a small gentle swell, providing perfect conditions for beginner surfers.

Students demonstrated excellent teamwork, communication and positive attitudes throughout this camp, making it a positive experience for all involved. The stage 2 Cohort will now switch its focus to Bushwalking with day walks and camps taking place in term 2.



Lachlan Cross
Extra Curricular Facilitator &
Outdoor Education Teacher

Student Clubs

The start of 2023 has seen Salisbury staff and students busy organising, facilitating and participating in extra-curricular clubs.

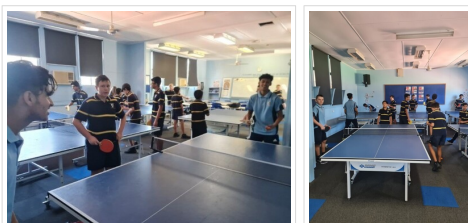
Most of the clubs are offered on a weekly basis at lunchtime. The clubs offered provide students opportunities to participate in a range of activities including; Art, Board Games, Dungeons and Dragons, Table tennis, Netball, Gardening and many more. Students who attend a club twice or more throughout the term will be issued a House Point for positive behaviour. To get involved, all students need to do is turn up. Times and locations of clubs and activities offered are posted on DayMap daily as well as displayed on the electronic boards throughout the school. In addition to the clubs, students are able to use the newly established outdoor chess and table tennis tables at lunchtime, with bats, balls and chess sets available to be borrowed from the STEM Office.

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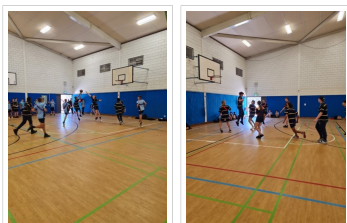
The most popular clubs in term 1 have been; the LKBA Basketball, Chess Club, Dungeons and Dragons Club and the Weekly Netball competition. It has been great to see so many students actively participating in these extra-curricular clubs each week.

In term 2, we are looking to further grow the clubs program with the addition of Volleyball club and Outdoor Education club

Below are some photos highlights from the term:



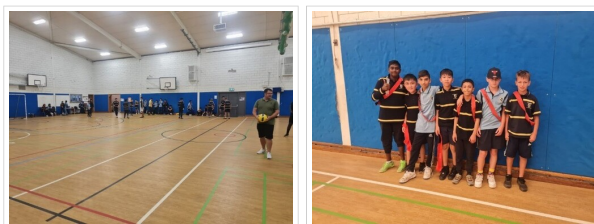
Leon Karvelis Basketball Academy (LKBA) Basketball



Chess and Games Club



Pipicella Cup Futsal Club



Soccer Academy 2023

Term 1 has seen the commencement of the Salisbury High School Soccer Academy. Hard work from Daniel Ryan, Joseph Picicella and Robbie Daly has seen the Soccer Academy take off in 2023. The Soccer Academy is offered to students in years 7 – 10, with try-outs taking place in weeks 8-10.

Students who are selected in the **2023 Soccer Academy** squad will find out by the end of term.

Selected students will remain in the academy squad for the duration of the year. The Academy squad will enter in Northern Zone and State Knockout Carnivals. Students will be expected to attend an after-school training session once per week and will need to maintain academic and behavioural standards in-line with the school values.

This is a very exciting new initiative and we look forward to seeing how the squad develops and the success that these students can achieve.



Lachlan Cross
Extra Curricular Facilitator &
Outdoor Education Teacher

ART update

Amazing art at SACE Art Show

In the last week of March, the year 11 and 12 art students visited the SACE Art Show (which showcases the best year 12 work in South Australia and the Northern Territory from the previous year). Our students visit the exhibition to experience art and to encourage good practice. Some of our students are definitely talented enough to have their artwork displayed in next years' SACE Art Show.

Around 85 artworks were on display, ranging in style and subject matter and serious talent. We also visited the Jam Factory and the South Australian Art Gallery, it was a fantastic excursion.



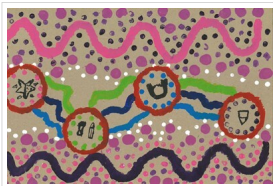
Showcasing some Year 7 Artwork



By Genna Dang



By Islam Al Naser



By Moumen Al Amary



Trish Houlihan
Visual Arts Teacher

Premiers Reading Challenge 2023



The Premier Reading Challenge is well underway at Salisbury High School.

The Challenge is a literacy engagement program that was first introduced by the Premier in 2004 to encourage students to:

- read more books and enjoy reading
- improve literacy levels

This year is the 20th anniversary of The Challenge. This year students are to read 20 books between the beginning of the school year and early September, instead of the usual 12.

The Challenge is open to ALL students 7-12 and it is always encouraging to see senior students participate.

Please have a look at the PRC website for more information or contact me in the Library.

<https://premiersreadingchallenge.sa.edu.au/>

This term we held an Easter Raffle to encourage students to participate in this year's challenge. Every book read and added to the PRC reading record was exchanged for a raffle ticket. The lucky winners were:

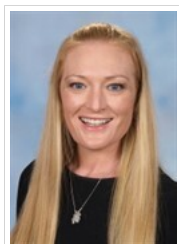
1st: Breanna Tredrea
2nd: Milica Peric
3rd: Joseph Fiorita



We have more prizes and celebrations planned for later in the year for all students who complete the challenge.

Recording sheets can be downloaded or I can print them for you in the library.

Let's make 2023 the most successful year yet!



Alea Wright
Library SSO

Sports News

Athletics Day

Salisbury High School's Athletics Day proved to be yet another highlight of our school calendar. Taking place on March 10, we were blessed with great weather and a remarkable entrance from Mrs. Groves. Students and staff showed their support with their amazing costumes and through participation, positivity and excitement within the range of events. This year saw the students win the Staff vs. Senior House Captain Relay however the staff were too strong in the Tug-O-War. Mawson became back to back overall winners and Florey won the Spirit Cup.

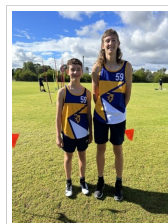


Well done to the Age Group Winners!

Overall Points		Female Award Winners		Male Award Winners	
Mawson	1722 Points	Year 7	Miracle Ogbonna	Year 7	Mike Herrod
		Year 8	Teresa Branson	Year 8	Lachlan McPhedran
Florey	1324 Points	Year 9	Daina Lewis	Year 9	Useni Donna
Oliphant	1223 Points	Year 10	Jyearah Newchurch	Year 10	Ryley Kearney
Cairns	1170 Points	Senior	Jasmine Evans	Senior	James Cameron

This event was followed by nearly 100 of our students travelling to Bridgestone to compete against other Northern and North Eastern schools in the A grade division. As always, our students were proud ambassadors for our school and showed

tremendous spirit. Thank you to Mr. Karvelis, Mr. Thomas, Mr. Woolford, Miss. Chesters and Mr. Roe for accompanying me to this event!



Year 7-9 Boys Super 8's Cricket Carnival – Coached by Mrs. Millar and Kym Sumner

On March 2, nine Year 7-9 boys headed out to Eyre Park with a full van of pads, bats and ambition to compete in the 7-9 boys Cricket tournament.

The boys had an enthusiastic start bowling against newest members to the zone, Riverbanks College, but couldn't get the runs on the board; one down, two to go.

Game 2 saw some better hitting and even better fielding from the lads, they had learnt from the previous game and made some beneficial changes. SHS 53- 31 Craigmere. First win for the boys.

Third and final game of the day, the boys were up and about, playing our closest rivals Paralowie. The boys batted first, sending balls flying all over the park, they were on fire. Some great bowling from the lads saw them take a dozen wickets and a few maiden overs. SHS 144- 19 Paralowie. 2 wins was enough to give the boys the second-place spot. A massive thanks goes out to coach Travis (year 11) for coaching the boys and umpiring all day long.



Open Boys Super 8's Cricket Carnival – Coached by Mr. Johnson & Kym Sumner

In week 8 the Open Boys ventured to Eyre Park to compete against Roma Mitchell and Banksia Park in the Super 8's Cricket Carnival. The first game was against Roma Mitchell and the boys had the hard task of chasing 91 runs. They started off strong with 26 runs in the first two overs. However, they couldn't keep the momentum going and only finished with 53 runs. In the second game against Banksia Park, the boys came out firing and continued that for the game scoring 82 runs. With only 6 players fielding, the open boys managed to show a bowling masterclass and held Banksia Park to 53 runs securing the win. All students had a great day and ended up finishing 2nd overall. Thank you to Zac Power (Year 11) for umpiring and assisting with coaching throughout the day.



Statewide SWD Ten Pin Bowling Carnival – Coached by Mrs. Millar and Jo Hill

On March 7, eight SWD students travelled to Elizabeth Bowland to take part in the Statewide SWD Ten Pin Bowling Carnival. Unfortunately, there was a mix up with the booking and students were unable to compete against the other schools. Fortunately, there were 2 lanes free and Salisbury High SWD students were still able to compete against each other before returning to school.

Sportsperson of the Term – Taylah Botten

Taylah Botten (Year 12) is our Sportsperson of Term 1. Taylah is currently playing her first year for the Central District Football Club in the Women's League. Taylah originally played for her local team, Salisbury Football Club, for over 6 years being Co-Captain and awarded Best on Ground numerous times. Throughout her football career, Taylah has won 3 Best and Fairest, 2 Runner Up medals as well as a Norm Smith medal. Due to this, her coach encouraged her to participate in the development squad the last 3 years and now has been successful to gain a position as a forward on the Central District's team. Taylah's ambition is to one day be recruited for the Crows AFLW team. Salisbury High School is extremely proud of Taylah's efforts and we look forward to hearing her progress in the future. Well Done!



School Sport & Lunch Time Sport

For updates, sport achievements and useful links, please look in the new "Extra-Curricular" tab on the school website. Students can access the sport calendar for each term and nominate for sports using the Forms link.

Students have the chance to participate in Lunch Time Sport in the Gym daily. The Lunchtime Sport program this term is providing the opportunity for students to participate in Basketball, Volleyball, Girls Only, Netball, Soccer and Badminton.

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School Sport in Term 2

School Sport in Term 2 is an extremely busy term and will see many more sports being offered, continue to check Daymap and the Sports Board for upcoming carnivals.

The Carnivals are as follows:

Week 1

Thursday - Year 9/10 Volleyball at The Lights, Lightsview (4th May)

Week 2

Tuesday – Year 7/8 Basketball at The Lights, Lightsview (9th May)

Week 3

Tuesday – Year 7-10 Boys 9-a-Side Football & Year 7-12 Girls Netball, Argana Park (16th March)

Friday - SWD 5-a-Side Soccer, Rostrevor College (19th May)

Week 5

Wednesday – Year 7-12 Girls 9-a-Side Football & Year 7-12 Boys Netball, Argana Park (31st May)

Week 4

Tuesday - Statewide Indoor Futsal – Year 7-9 Boys (23rd May)

Thursday - Statewide Soccer – Year 7-9 Boys and Girls (25th May)

Week 7

Tuesday – Year 7-12 Table Tennis, (13th June)

Wednesday - Year 7-9 Boys Indoor Cricket, Modbury (14th June)

Thursday - Year 7-12 Girls Indoor Cricket, Modbury (15th June)

Friday - Year 10-12 Boys Indoor Cricket, Modbury (16th June)

Week 8

Wednesday - Year 11-12 Basketball, TBC (21st June)

Friday - SWD Basketball, TBC (23rd June)

Week 10

Tuesday - Ten Pin Bowling, Elizabeth (4th July)

Wednesday - Rock Climbing, Holden Hill (5th July)

Thursday - Year 9-10 5-a-Side Soccer, Gepps Cross (6th July)

Currently, Year 7 to 10 Girls and Year 7 to 9 Boys are being asked to nominate for Netball within the Weekly Sport program.

House Points

Throughout this term students have been collecting House Points in areas such as Attendance, Snapshot Grades, House Captain Voting and Extra-Curricular activities such as School Sport and Leadership Academies. Updates of House Point Totals can be found on the digital displays around the school and on Daymap. Well done to all students who have worked hard to secure points for their House!

STRIVE Camp

Student nominations will open at the beginning of Term 2 for Salisbury High School's STRIVE Camp. Middle school students (Years 7-10), can nominate themselves or their peers and senior students (Years 11-12) can nominate themselves to be leaders, if they display a strong sense of achievement in the following areas:

SUCCESS
TEAMWORK
RESPECT
INCLUSIVITY
VALUES
ENGAGEMENT

The camp will be at Port Vincent this year in Week 8, Term 4. Watch this space!



Ashley De Pasquale
Coordinator Sports

Wellbeing Update

Breakfast Club

Breakfast is considered an important meal because it breaks the overnight fasting period, replenishes the supply of glucose and provides other essential nutrients to keep energy levels up throughout the day. This helps students' ability to focus, learn and retain the new concepts they are learning about.

The Breakfast Program at Salisbury High School runs on Monday to Friday mornings from 8:00am - 8:35am. Our Breakfast Program is completely free and available to any student who would like something to eat in the morning. Toasted cheese sandwiches and milo are available. We are based outside the B building by the front gates during the warmer months and move inside to the B8 kitchen when things start to get cooler.

Thank you to Kickstart for Kids and Cos We Care who support our school breakfast program by providing us with the goods needed to run the program.

Mental Health

Mental health includes an individual's emotions, psychological and social wellbeing. Our mental health affects how we think, feel, and helps us determine how we handle stress, relate to others, and our ability to make certain choices. Over the past year with the impact of a worldwide pandemic and the risk of COVID19 we have seen an increase in mental health in young people in Australia.

From 2018, studies suggested that two in five young people from the ages of twelve to twenty five had a decline in their wellbeing and mental health. From surveys taken in 2020 and during the pandemic of last year, that number had increased to now one in two young people. With now 50 percent of young people impacted by a decline in mental health, studies have shown that this has been linked to COVID19 and how it has significantly impacted not only their lives but their families and friends. Families have endured extreme lockdown restrictions resulting in loss of work, school closure and many businesses and activities forcing to close. During this time, we have seen first hand the financial strain due to a loss of jobs and income, a loss of social and physical interaction. During this time, we still are seeing impacts in political stability and harm of climate change which has created an uncertainty of what is to occur in the future.

Young people and adolescents at this stage of their lives are trying to develop their own identity, intending to establish a career, travel and build a family of their own at some point in their lives. Over the past year we have seen a significant drop in young people being able to manage school, home, work and a loss of social skills and connection with others which is detrimental to a decline in mental health and wellbeing. We are seeing young people relying heavily on social media to stay connected with research suggesting that teens on average are using social media, anywhere from six to nine hours per day. With the increase of technology use and access to these platforms, teens are at higher risk of bullying and cyberbullying, social anxiety, depression.

If you are parent or a student that is seeking help, please contact the Wellbeing team here Salisbury High School for wellbeing support.

These services can be contacted for more support:

Headspace

Managing stress related to covid-19 virus includes tips to maintain a healthy mindset:

<https://headspace.org.au/explore-topics/for-young-people/stress-related-to-covid-19/>

e-Headspace, a free online counselling platform:
<https://eheadspace.org.au/>

Kids help line

WebChat counselling:

<https://kidshelpline.com.au/get-help/webchat-counselling>

Phone counselling: 1800 55 1800 (free and confidential)

Reachout

Self-care tips:

<https://au.reachout.com/collections/self-care>

Professionally reviewed self-help tools-and-apps:

<https://au.reachout.com/tools-and-apps>

Youth Beyond Blue

Mental health information:

<https://www.beyondblue.org.au/who-does-it-affect/young-people>

Online chat forum:

<https://www.beyondblue.org.au/support-service/Chat>

Phone counselling service: 1300 22 4636

Blackdog Institute

Dream On – smart phone app trial for young people experiencing sleep difficulties:

<https://www.blackdoginstitute.org.au/research-projects/sleep-ninja/>

Self-help-tools-apps:

<https://www.blackdoginstitute.org.au/resources-support/digital-tools-apps/>

Government search engine for locating information and resources on a range of topics

Sam the ChatBox:

<https://www.headtohealth.gov.au/find-with-sam>



Dale Merrett
Senior Student Wellbeing Advisor

School Fees

Thank you to the families who have paid school fees for 2023, or are paying them by instalment. However, some fees still remain unpaid and this can have an impact on curriculum delivery and the learning environment such as:

- reducing the amount that we can spend on equipment for Food Technologies, Design Technology, Physical Education, etc.
- limiting the purchasing of technology may be limited (ie computers, software etc).
- reducing improvements to shelter, seating and other facilities.

If you have not paid school fees or organised part payment for this year, please contact our Finance Office to make arrangements.

School fees are compulsory and represent costs for materials and services that are provided for your child(ren) to undertake the fundamental elements of educational courses.

Payment of M&S services is due by the end of Term 1, unless other payment arrangements have been made with our Finance Office.

There are a number of ways to pay school fees;

Payment Options:

- **BPOINT**
- **Cash/Cheque/Money Order/EFTPOS**
- **Centrelink:** (direct debit from Centrelink Payments)
- **Credit Card via telephone**
- **Direct Debit**
- **School Card:** If as parents/caregivers you believe that you are eligible for **School Card in 2023** you must apply as soon as possible. Please note you must apply for School Card every year. Did you know that you can also apply online? Other forms are available from the school if your circumstances are different to those required for School Card eg: 'Hardship' or 'Change of Circumstances'. If you are

unsure please speak to one of our Finance Staff on 81820200.

<https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme>

FINANCE OFFICE OPENING HOURS

Monday to Friday for students to make payments:

Before school: 8:30am - 8:40am

During Recess: 10:40am – 11:00am (10:50am – 11:10am Wednesdays)

During Lunch: 12:30am – 1:10pm (12:50pm – 1:30pm Wednesdays)

Parents/Caregivers are welcome anytime between 8:30am and 3:30pm.

Canteen

Did you know you can order lunches online? Meaning you no longer need to find cash for school lunches!

<https://www.rorys.com.au/wp-content/uploads/2016/07/Parents-How-to-Guide.pdf>

January 2023 Canteen Menu

Community Notices

BORN 2007? LOOKING FOR A NEW HOBBY? FEELING INSPIRED POST WORLD CUP?

PARA HILLS WEST

SOCCER CLUB INC.

Est 1967

WE WANT YOU!

JOIN OUR UNDER 16 TEAM

REQUIRES TUESDAY, FRIDAY, SUNDAY COMMITMENT

@parahillswestsc

Para Hills West Soccer Club

Kerrie 0413955904

