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6 October 2023

Coming events for Term 4 2023

Monday 16 October	First day of Term 4
Wednesday 18 October	• Nepali Written Exam 1:30pm – 4pm
Monday 23 October	• Vietnamese Oral Exam 2:40pm – 3pm
Tuesday 24 October	• Arabic Oral Exam 12:20pm – 1pm

Thursday 26 October	• Arabic Written Exam 1:30pm – 4pm
Friday 27 October	World Teachers Day
Monday 30 October	Governing Council Meeting 5:15pm in the B Building
Wednesday 1 November	Transition – Student Learner Profile Night
Thursday 2 November	• Nepali Oral Exam 9:20am – 12:40pm

Monday 6 November	• Stage 2 Exam – Math Methods 9am - 11:10am • Stage 2 Exam – General Maths 1:30pm – 3:40pm
Tuesday 7 November	• Stage 2 Exam – EAL (e-exam) 9am - 11:40am • Stage 2 Exam – Chemistry 1:30pm – 3:40pm
Thursday 9 November	Dance Showcase Youth Environmental Council Sharing Celebration • Stage 2 Exam — Physics 9am - 11:10am
Friday 10 November – Tuesday 14 November	Diwali
Monday 13 November – Friday 17 November	PE Week
Monday 13 November – Wednesday 15 November	Students with Disabilities Camp
Tuesday 14 November	SWAN Transition Day • Vietnamese (e-exam) –
	1:30pm – 3pm
Friday 17 November	1:30pm – 3pm Mid Term Newsletter
Friday 17 November Monday 20 November	

Tuesday 28 November	ATSI Transition Day Transition Parent Information Evening 6-7pm
Wednesday 29 November	Year 10 Graduation
Friday 1 December	Speech Day (10am start)
Monday 4 & Tuesday 5 December	Year 9 CBD visits Year 7 Transition Days
Monday 4 December	Governing Council Meeting 6pm
Monday 4 December – Wednesday 6 December	STRIVE Camp
Monday 11 & Tuesday 12 December	Professional Learning Days for staff. Student Free Days
Friday 15 December	Last day of Term 4 – students dismissed at 2:10pm

From the Principal



Newsletter August 2023

Dear Salisbury High School Community,

As we draw near to the conclusion of Term 3, I want to take a moment to reflect on the remarkable progress

and achievements of our school community. The past five weeks have been a whirlwind of activity, and I extend my heartfelt gratitude to our dedicated staff and hardworking students.

Our Year 12 students have exhibited commendable

dedication throughout the term in completing their final tasks. In Term 4, they will navigate their way through final assessments, with many gearing up for exams in weeks 4 and 5. I am immensely thankful to our Year 12 teachers who are generously dedicating their time throughout the holidays, both in-person and online, to support our senior students.

A memorable occasion awaits our Year 12 cohort at the 'Under the Stars' themed Formal, scheduled for Friday, November 24th, at Sfera's. This evening not only marks the culmination of their journey at SHS but also offers a moment for them to celebrate and reflect on their achievements. Our annual Speech Day will occur on the 1st December where our year 12s will graduate and we will recognise academic excellence across our site.

Kudos to our phenomenal musical team for orchestrating yet another stellar performance. The 2024 musical was an outstanding success, captivating our entire community. Beyond the entertainment, this event serves as a platform for our students to discover and nurture their unique talents. The school band, too, delivered an exceptional performance. A special shout-out to Sarah, Eleni, Trish, Thomas, Richard, Ian, Oleg, Cathy, and Sandra, whose tireless efforts and personal sacrifices made this year's musical an unforgettable triumph. Additionally, my thanks extends to Cherie, Michelle, and the SWD students for providing refreshments, along with all the other staff who contributed to this remarkable event.





Salisbury High School made an impactful debut in the inaugural NASSSA Science Olympics, with 13 students participating across junior, middle, and senior divisions. The junior team's third-place finish was particularly commendable. While the middle and senior teams excelled until the final challenge of building a chair from paper and tape, it was a night of great learning and camaraderie. I express my gratitude to the staff who supported

our students on this memorable night.

Parents will have received their child's NAPLAN results by now. Over the last three weeks of the term, students in grades 7 through 10 engaged in Progressive Achievement Tests (PAT) for both Mathematics and Reading during their regular English or Mathematics class periods. Additionally, the site has completed its first round of DIBELS testing and will trial the New Group Reading Test (NGRT) in Term 4. These assessments will guide our site improvement plan and our priorities for literacy and numeracy. Our dedicated teachers will use this data to tailor their instruction and support students in setting literacy and numeracy goals.

This term, many of our staff have gone above and beyond in supporting students with scholarship applications. These opportunities have the potential to be life-changing for some of our students, enabling them to broaden their educational horizons. Currently, we have five students applying for first-year or continuing Harding Miller scholarships, twelve for STEM scholarships, ten for Northern Opportunity, two for Youth Opportunity, twelve for Friends of Zainab, and one for a VET scholarship. All of these scholarships necessitate teacher support and site recommendations. We highly value the time and input our staff invest in assisting our students through this process. Our Aboriginal Education team will support our Aboriginal students in applying for GO Foundation scholarships throughout term 4.

Term 4 promises an array of significant events, including the year 10 graduation, PE week, excursions, Strive, SWD camp, and a host of engaging activities to conclude the year.

As Acting Principal, I have been immensely heartened by the support and camaraderie I have experienced from our site leadership team, staff, students, and parents. I look forward to handing the reins back to Sylvia Groves and returning to my deputy role in Term 4.

Wishing all of you a restful holiday break – recharge and get ready for an exciting Term 4.

We have a special request for our community. We are looking to feature our former students, or Old Scholars, in our newsletter and on our Wall of Fame. If you have any contact with former students, please inquire whether they would be interested in being featured in our newsletter or becoming a part of our Wall of Fame. Your contributions will help us showcase the achievements and successes of our alumni. For more information or to make a contribution, please reach out to Ann-Mare Hurley at 8182 0200. Your support is greatly appreciated!

Danni Margan Acting Principal

Please be aware that our office hours on Wednesday afternoons will be adjusted to facilitate the professional development of our support staff. On Wednesdays, the front office will be open from 8:00 AM to 2:30 PM. If you need assistance outside of these hours, please feel free to leave a message on our answering machine.

We are grateful for your understanding and cooperation as we strive to improve the skills and capabilities of our support team. Your ongoing support is greatly valued. Thank you.

Senior School News

It is of utmost importance that Year 12 students continue to attend all subject lessons until all work is completed and submitted to a high standard. Term 4 for Year 12 students is an incredibly stressful time of year with due dates for external investigations and preparation for examinations taking top priority. Please consult the 'Coming Events for Term 4 2023' section above for key dates.

To ensure success, senior students must be well-organized and fully focused on finishing assignments to the best of their ability in every subject. Students with part-time employment face additional challenges in balancing work and school commitments. It is advisable for these students to consider reducing their work hours to dedicate more time to their studies and relieve stress through physical and social activities.

Details of holiday workshops to provide further support to our students have been shared at the Student-Led Conference. Moreover, many Year 12 students will be participating in revision programs in the city, which will give them an edge in their exams, enhance their knowledge, and develop effective exam strategies. These opportunities are partially funded by the school and can make a significant difference for our students. This period can also be challenging for parents as they strive to support their children. Please continue to collaborate with us to achieve the best possible outcomes. If you need any support during this crucial time, please don't hesitate to contact me or reach out to subject teachers directly. Nearly all students have the contact information for their subject teachers.

Year 10 and 11 students have completed their subject counseling for 2024. It was a very busy time of year with student interviews to determine the most suitable pathways for them. For Year 11 students considering a pathway other than Year 12 at SHS, please make sure students are clear about their intentions. There is a wide range of opportunities available in terms of further vocational education, employment, apprenticeships, and more flexible SACE completion. If additional guidance and support are needed, please get in touch with the Senior School. As a school, we want every student leaving SHS to have a pathway that leads to positive outcomes.

A significant number of students have opted to apply for Vocational Education Training (VET) courses within the Northern Adelaide State Secondary School's Alliance (NASSSA). Prospective VET students should ensure they are aware of the requirements, including attending VET interviews at various sites and taking the Language, Literacy, and Numeracy Assessment of Needs (LLN) test. Successful completion of this test is necessary for students intending to undertake VET courses in 2024. If further support is required, please do not hesitate to contact the Senior School.

SATAC News

Year 12 students are actively collaborating with their Care teachers to complete their applications for University or TAFE entry.

Please keep in mind that adhering to key dates is absolutely crucial to avoid late fee penalties and ensure equal consideration in the admission process.

It's essential for students to use their personal email accounts for receiving offers. School email accounts

should not be used since they will be deactivated once students have left school.

University Offers will be emailed by 5pm on offer round dates.

SATAC Key Dates

Click here to view the undergraduate Key Dates https://www.satac.edu.au/undergraduate-key-dates

TAFE Key Dates

Click here to view the TAFE key dates https://www.satac.edu.au/tafe-sa-key-dates

YEAR 12 COMMEMORATIVE JACKETS 2024

Orders for the Year 12 commemorative jackets for 2024 will be open soon, with final orders due early in Term 4. Students can find a sizing kit in Senior Central to help them with choosing the right size. If there are any issues or questions, please don't hesitate to contact Sam in Senior Central.



Adrian Mann Senior Leader Senior School

VET News

2024 VET Applicants

As we approach the end of the year, we have important updates regarding VET (Vocational Education and Training) course applications for 2024. While most applications have closed, Stage 2 Stackable courses are still open for enrolment, offering opportunities in Brick and Block, Carpentry, and Electrotechnology. We have had 95 official applications from years 10 to 11 students.

VETRO Testing - Preparing for Success

In the first four weeks of Term 4, Registered Training Organisations (RTOs) will be conducting VETRO testing to assess the literacy and numeracy skills of applicants. Most tests will be held online at Salisbury High School. Parents will receive direct communication with all the details if offsite testing is necessary. Practice tests can be found on the Australian Apprenticeship Pathways website

Acceptance Letters

Towards the end of Term 4, RTOs will send acceptance letters to inform students and families of their course placements via email. These letters will provide comprehensive information about course details, times, locations, and days.

Timetable Adjustments in 2024

To ensure a smooth VET experience, school timetables will be adjusted in early 2024. This will prevent any scheduling conflicts, ensuring students do not have double lessons on their VET day. VET students will receive additional study lines based on their chosen course and associated credits. These study lines are essential for catching up on any missed work and ensuring success in both VET and academic studies.

For further information or questions about VET courses, please contact Briianka Daniels.

2023 VET Students

Current VET students need to ensure they are attending their course every week. For many VET courses, students who have missed four or more days are considered at high risk

of not completing their certification. Students must attend all sessions to remain up to date with their coursework. As VET is competency-based, it is not always possible to 'catch up' on missed work. If students are absent for too many sessions, they may not achieve their certificate. Please remember, if students are unable to attend, they need to have a valid reason and let their trainer and VET Coordinator know as soon as possible.

Student VET reports have been uploaded to their Daymap profile. Please ensure all students read through their reports and let their trainer or VET Coordinator know if they have any questions or concerns.

If students need additional support, please ensure they contact Mrs Daniels. Upon request, students have access to Learning Support Services through their course and tutoring through Salisbury High School.

Several VET courses require students to complete structured workplace learning (work experience). This is also a requirement for Certificate II construction students to enrol in a Stackable VET course in 2024. Students can check their VET reports to see if they need to attend structured workplace learning.

Careers: University of Adelaide First Gen Program

Adelaide University's First-Gen Program is an initiative designed to support and empower first-generation college students. This program provides a range of resources, mentorship opportunities, and tailored support to help these students succeed in their academic journey. It aims to address the unique challenges and concerns that first-generation students may face, such as navigating the university environment, understanding academic expectations, and accessing essential resources. In a recent success story, 29 Salisbury High School students actively participated in the program's three sessions. As a result of their engagement and commitment, their SATAC applications have been paid in full by the University of Adelaide, easing the financial burden of applying to university.



Briianka Daniels VET and Careers Coordinator

Junior and Middle School

Junior School News (Year 7 & 8)

As we conclude Term 3, it's important to reflect on the many successes in our junior school:

- Student-Led Conferences (SLCs): We were thrilled to see an amazing turnout at our Student-Led Conferences. These conferences provided a wonderful opportunity to connect with our students' families and strengthen our sense of community.
- 2. Middle School Most Improved Award: This term, we introduced the 'Middle School Most Improved' award. We're excited to announce that Will Whitehouse is the recipient of this award. He has shown exceptional dedication and progress, earning him a \$30 HOYTS voucher. Congratulations to Will, and kudos to all the nominated students who demonstrated remarkable improvements this term.
- 3. **Year 7 Transitions**: We eagerly anticipate the Year 7 transition process, which aims to ensure a smooth and successful integration for our incoming students. We are confident that our welcoming school environment and supportive community will help these students thrive.

As we continue through the academic year, our commitment to finishing 2023 strong remains unwavering. With the support of our dedicated teachers, involved families, and enthusiastic students, we are well-prepared to make this academic year a resounding success. Thank you for your continued support and dedication.

Middle School News (Year 9 & 10)

Term 3 has been marked by significant improvements in attendance and academic achievement among our students. The Student-Led Conferences, held at the term's end, allowed our students to reflect on their learning and set goals for areas of improvement in Term 4.

During this term, our third and final group of Year 10 students successfully completed the Youth Opportunities Personal Leadership Program. This program, involving 60 hours of wellbeing and life skills training, equips young individuals with tools and skills to enhance their confidence, self-worth, and motivation. It enables them to build resilience and overcome adversity in their lives. We're excited about the Youth Opportunity Graduation on Thursday, the 29th of September, at 3:30 pm in the library, and we look forward to celebrating this milestone with our students, staff, and families.

Course counselling for 2024 was conducted for Year 9 and 10 students this term. We want to extend our gratitude to our students and their families for their support throughout this process. The Smith Family and Flinders University have been valuable partners this term, providing presentations and resources for our PD program. In the upcoming term, we will continue to emphasize Positive Behaviour for Learning (PBL) through engaging professional development sessions. These sessions will further support our staff and students in their pursuit of success. We encourage you to inspire your child to end the term on a positive note and enjoy the upcoming holidays.

Mobile Phone Policy



2023 School Year - Mobile Free Zone

In line with new government legislation, we are excited to become a mobile-free zone from the beginning of the 2023 school year.

The new policy requires all public schools to implement a ban on the use of mobile phones and smartwatches for all students from the time they arrive at school until the end of the school day.

This means phones must be out of sight during the school day, including at break and lunchtime. The mobile phone policy aims to promote a safe environment for both teachers and students, and families are asked to work in partnership with the school to enforce the new rules. We understand there may be instances where you need to get an urgent message to your child; please do so by contacting student services on 8182 0200. Students have already been very understanding of the mobile phone policy, and it has been pleasing to see them engaging in conversations rather than turning to their devices. We look forward to your support with this new policy.

Uniform

Uniform Expectations

Students at SHS are expected to wear correct school uniform every day. Students who present to school not in uniform will be provided with appropriate items for the day. If there is a reason that they can't be in school uniform please let us know and we can assist. https://bit.ly/SHSuniform

Please see below for reference:



Our school uniform retailer is Lowes, which can be found in the Parabanks shopping centre. Lowes has a 20% sale every term.

The new school Rugby top has been released and is available NOW!



Please see the updated school uniform price list.

Click here to download the Price List

Attendance Expectations

Attendance is compulsory for students who are at least 6 years old but not yet 16 years of age; this is known as being of compulsory school age. Every child of compulsory school age is required to be enrolled at a government or non-government school and is required to fully participate in the education programme arranged and approved by the enrolling school.

At SHS, school starts at 8.40 am and finishes at 3.10 pm (Monday, Tuesday, Thursday, and Friday) and starts at 8.40 am and finishes at 2.10 pm (Wednesday). Students are to go straight to class if arriving between 8.40-9.00 am, after this, they are required to sign in at Student Services.

A phone call or note from a parent should accompany the child when they are late.

If a child is absent from school on any particular day, the **parent/caregiver** should contact the school before 9.00 am to let the school know the reason for their absence.

A text message is sent between 9.30-10.00 am for Junior and Middle school students and 11.00 am-11.30 am for senior students for those children who have been marked unexplained and no explanation of their absence/lateness has been documented on Daymap. Care teachers will follow up with families if absences/lateness remain unexplained.

Students who need to leave early must have pre-approval organised by families (a note or phone call to the office). Staff will not phone home for students seeking permission to leave unless they are unwell.

Please look at the below link for more info:

Click here to view the Attendance flyer

Community Service

Community Service occurs on Mondays, Wednesdays, and Fridays for 20 minutes, for students with off-task behaviours, lateness, and other time-wasting issues in class. Students will be required to give back to the school community. Students will meet at the back of the Trade Centre at the start of lunch in Term 1 and must have their name marked off the roll. This has been introduced to support learning within classrooms. Students who do not attend community service, although present at school, will be placed on a full lunch detention (30 minutes) with leadership the next day. Community Service detentions will appear on DayMap, and an email will be sent to care teachers informing them. Failure to attend again will result in the Senior Leader for Middle School becoming involved, and further consequences will follow.

Task Completion Time (TCT)

When a task is not completed, a student will be enrolled in a scheduled learning area TCT. TCT sessions will run during lunchtime. This process is for all students in Years 7-12. Students will be supervised by curriculum coordinators, subject teachers, leadership, and TRTs. Completion of tasks is not optional at Salisbury High School, it is essential.





Tate Giadresco
Senior Leader
Junior
School Yrs 7 & 8

o Leon Karvelis Leader Senior Leader Middle & 8 School Yrs 9 & 10





Harding Miller Education Foundation Scholarships!

Best of luck to Sophia Cambareri and Liana O'Gilvy, who have taken the opportunity to apply for a 2024 Harding Miller Education Foundation Scholarship. Now, we eagerly await the results (expected in early December)!

STEM Update

NASSSA Science Olympiad

On Wednesday, the 20th of September, from 6:00 PM to 8:30 PM, 13 students participated in the first-ever NASSSA Science Olympiad at the Central Districts Football Club. Students collaborated in groups to answer four rounds of questions, which covered various topics: Round 1 - Famous Faces and Sayings (Scientists), Round 2 - Biology and Psychology, Round 3 - Physics and Astronomy, and Round 4 - Chemistry and Geology. Additionally, they were tasked with completing a STEM Challenge. The STEM Challenge involved constructing a chair using only 20 pieces of paper and a roll of sticky tape. The chair had to be elevated 10cm off the ground and include a backrest, with the goal of supporting a bear for at least 20 seconds.

Congratulations to our junior team, consisting of Anna Kempster, Chad Lieu, and Lincoln Rowe, for securing third place in their section. With sturdier chairs, both our middle and senior school teams would have also placed!

This event will now occur bi-annually, with the next one scheduled for early 2024, to be hosted by SHS.

A special thank you to Ms. Parson, Mr. Blackmore, Mr. Stokes, and Mr. Karayilan for their valuable support of our students.





The Harding Miller Education Foundation Scholarship Program provides practical support to lift the educational and career aspirations of high potential Australian girls who are facing socio-economic hardship; applicants must be entering year 9, attend a public school and an Australian citizen or permanent resident. Scholarships are valued at approximately \$20,000 over the course of four years. Scholarships are provided as a 'toolkit' that students can use to support their pursuit of academic excellence. Successful applicants receive a high-quality laptop and the following support each year:

- 4G SIM and up to 20GB Wi-Fi per month
- Access to remote IT helpdesk support
- Up to \$2500 for tutoring for core subjects
- Unlimited use of Studiosity, an online study help provider
- \$650 Pre-Paid card to be used for educational expenses
- A volunteer Coach to provide guidance and support
- Study Skills support through Advanced Learning
- Access to Study.Work.Grow resources
- Invitations to participate in enrichment activities

In 2022 Alisha Khan, Divya Gautam and Parbati Adhikari were each awarded a Harding Miller Education Foundation

Scholarship. They have just submitted their applications to extend this scholarship into years 11 and 12. We wish them good luck.







Tutoring





Rebecca Ludewig
Senior Leader - Mathematics, Science and Numeracy

Dimitroff Shield



Numeracy Progression Intervention (NPI)



WHATS HAPPENING?

Our team has continued to work with identified students to improve their numeracy capabilities. Students have been well engaged in the sessions and we are proud of the progress all our students have made in their mindset, confidence and skill progression. We recently acquired some Genius Square and Genius Star games which the students enjoy challenging us, each other and themselves with at the end of our sessions.





STUDENT STAR - KAYLEIGH MYTS

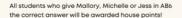
Our Student Star for this update is Kayleigh Myts. Kayleigh has been working with Michelle. She has extended her mathematics vocabulary and been able to apply it to real-world situations. Great work Kayleigh!

PROBLEM SOLVING TASK

Well done to those who solved the last task. The answer was 8440 people

What is the sum of the three numbers represented by
the place value chart?

Thousands	Hundreds	Tens	Ones
42	31	0	15
0	3	72	0
-	60	0	F0





Mallory Matters
SSO Numeracy

Hallett Cove "Rock"ingly good Excursion

Calling all budding geologists! In week five, our Year 8 students embarked on an exciting field trip to Hallett Cove, an adventure that truly rocked their world.

Hallett Cove, nestled along the picturesque coastline of South Australia, unveiled a treasure trove of geological wonders for our young science explorers, helping them to fill in any "faults" in their geological knowledge.

Our day began with a leisurely walk along the beach, where students encountered remarkably "gneiss" rocks that towered over even our tallest students. These rocks have been standing since long before the dinosaurs roamed the Earth.

As we continued our journey, we reached Black Cliff, where our students' classroom learnings were further solidified. They stood atop a sheet of sedimentary rock that formed approximately 600 million years ago. Over the ages, this formation endured stretching, folding, and uplifting, resulting in the stunning cliff face that students beheld.

Our expedition also revealed remnants of past ice ages, such as scratched and polished rocks and erratic boulders transported from the Victor Harbor area by melting ice sheets.

We delved into the fascinating processes of weathering and erosion, observing the substantial rock removal by waves and wind on the shore platform, a running creek that transported sediment to the ocean, The Amphitheatre, shaped over the last 10,000 years by wind and rain, which exposed rock formations over 200 million years old. Additionally, we explored the peculiarly shaped Sugarloaf, a cone-shaped mountain molded by the forces of wind and rain.

Overall, this field trip was an unforgettable experience that our students couldn't have taken for "granite."







Reece McLean Teacher

young minds are now looking forward to embracing the world of Cybersecurity as they understand its importance in our digital age.







Noor Alhuda

Design and Digital

Technology Teacher

Digital Technologies

As part of the Digital Technology curriculum, students from years 9 to 12 were given the opportunity to participate in the two-day national PeCan+ Capture the Flag Cybersecurity training and competition at the University of Adelaide. Surprisingly, even with no prior knowledge, we had ten students, including one as young as year 8, rise to the challenge to learn about Cybersecurity and explore its promising future as a career.

These students were not only enthusiastic but also willingly sacrificed their weekend to take part in this competition, and for that, we salute them. The competition involved deep and intense learning about the various aspects of Cybersecurity and how these skills can be strategically applied in the real world to prevent and track cyberattacks. On the second day, students had the opportunity to showcase their newfound talents using the skills they had acquired on the first day.

Their eagerness to participate again next year speaks volumes about the value of this experience. These

English Update

Celebrating Creative Writing Across the Middle Years

This term, 15 students enthusiastically participated in the annual Spring Poetry Festival competition, where they submitted their poems. The festival serves as a platform to honor young authors from across South Australia, and the potential prize for our students includes having their poem published in an anthology.

It's worth noting that our students invested substantial effort in crafting their original pieces, often dedicating their own time to perfect their work before submission. We extend our hearty congratulations to the following talented individuals:

- Alana McMillan
- Aristea Govas
- Bethany Mibus
- Breanna Tredrea
- Caiden Appleton
- Chelsea Mackenzie

- Divya Gautam
- · Fatima Al Amary
- Imogen Mickel
- Jade Mibus
- Neema
- Parbati Adhikari
- Skyla Neil
- Summer Drewett
- Zainab Fadhil

Please enjoy the following poem excerpts from our applicants.

I'm trapped behind pillars

Pillars of darkness
Reaching for light

But I cannot cling to it

I'll corrupt it
I'll corrupt you

I was born in the light

Yet the shadows consume me

Seeping in Calling me

Leaving me with nothing but doubts in my head

• You by Neema (Year 10)

Time is the thief I cannot apprehend

it captures my memories

it steals my thoughts

it places me in a never-ending loop

that I cannot abort.

It is like the end of a flame

the wolf inside me tamed

my spark, drained

my internal voice, no longer speaks

my loving heart, no longer beats.

• Disappointment and Tiredness by Breanna (Year 11)

Frail like paper

The wind blowing her life away

She'll never feel beauty

No matter

How hard she tries

Overweight, ugly, boring, guilty, stupid

Hiding

Between her fears

• Dear Insecurities by Fatima (Year 11)

I am in the streets of progress,

Where my Country's women fight to get their right to vote

Even if I do not want to vote because my government is not

truthful with me and other women

My vote will not count.

My vote will not matter.

Where am I?

I have lost myself in all the streets of sadness

Where is Happiness street?

So I can go there.

• Where Am I by Zainab (Year 10)

For if The Sun disappeared

The Moon will become

Dark and Dreary

never shining

like it once did before

For The Sun was his light

his hope to change

from this symbol of

scary nights

and

children's fears.

 Not One Without The Other (The Sun and The Moon) by Aristea (Year 10)

They're the only photos that sit silently on that shelf,

The two of them.

Great-Grandma and Great-Grandpa.

Great-Grandma, sitting serenely on that chair,

with the kindliest smile, you will ever meet your eyes with.

Great-Grandpa, with his grey zip-up jumper and that same

kind of smile just like hers.

5 years ago,

When she was still in our lives,

She would enjoy it to the fullest, even with her beloved

husband absent.

Great-Grandma and Great-Grandpa.

They will always earn that spot on the bookshelf,

with red roses in between them, they can't and never will

be replaced.

· Lovers on the bookshelf by Anonymous

Gunshots shoot through the air
Piercing the wind
Screaming loudly
Floor covered in thick
Oozing
Blood

I'm choking
On nothing bu

On nothing but the thick smoke

Along with

Heavy

Sticky

Red

Raining down from above

• Isolation of War by Imogen (Year 10)

Fight, Fight I hear people yelling from the sidelines Everywhere I look these days there are people fighting Pushing and Shoving, Punching and Kicking It's like it's become the new norm

Whether you are young or old

Short or Tall

Sometime in your life you probably will get bullied

School or home it's not acceptable

There needs to be more awareness about bullying Punching Kicking, Pushing and Shoving This needs to stop This needs to stop Stop, Stop, Stop, seriously stop bullying

• Bullying by Chelsea (Year 9)

Bullying - It's a poison that spreads Words like thorns are being said Cutting deep, like a sharp knife It's a poison that can ruin lives

Like a war, some say

A fight for power, everyday

And the victims, all like fragile flowers

That are being crushed by the weight of the bully's power

They say "Sticks and stones may break my bones"
But that doesn't mean they've been thrown
These words cut deep, and leave
Victims vulnerable, the feeling of naïve

But we all can be the light, that's for sure
Ending this plague, a drastic, daunting cure
A reminder that love is stronger than hate
Together we can fight, changing this awful fate.

• Poison by Skyla (Year 9)

It was both a blessing
And a curse
To feel everything
So very deeply inside.
The words people can say
are so vastly cruel.
Digging so deep into
my heart,
that I begin to believe it is true.

• Reflection by Anonymous

Year 10 Excursion

In Year 10, our students delve into the world of gothic fiction, exploring how authors of the genre masterfully create suspense and an unsettling mood. To conclude this unit, our students embarked on an enlightening journey, visiting Mindshift Escape Rooms and the Art Gallery to witness how these effects can be achieved visually. Below is an excerpt from a recount written by the Year 10s, describing our excursion. Enjoy!

As we set out for the train station, ominous clouds threatened to outpace us, but we emerged victorious. The overcast sky parted, and sunbeams, the color of melting butter, welcomed us to the beginning of our adventure...

Our triumph over the weather was short-lived as we soon discovered we had lost the race against time. We missed the train. Ms. Haronen and Ms. Carbone informed us that we would have less time at the Art Gallery, and our spirits sank. Safari even shed a tear. After this heart-wrenching moment, we continued towards an unexpected twist in our journey.

But before we reveal that, here are some of our thoughts

about the Art Gallery:

- Safari expressed her amazement, saying, "It was amazing, full of beauty."
- Imogen, on the other hand, found it "traumatizing."
- Parbati, reflecting on her experience, noted, "Though I did not understand every piece of art, I felt inner peace looking at it."
- Olivia provided a unique perspective, commenting, "It looked like IKEA."

Tick... tick... tick... time seemed to fly by as we explored the Art Gallery. Before we knew it, we were transported (figuratively, as we actually walked) to another realm - the Mindshift Escape Rooms. Divided into groups, we engaged in friendly competition to see who could escape the fastest. Some teams succeeded, while others found themselves locked in (rumor has it that a few SHS students are still trapped in the escape room to this day).

When the clock struck 12, it was time for lunch, and we scattered through Rundle Mall like busy ants. We braved the rain, fiercely guarding our fries from a gang of seagulls, one of which seemed particularly menacing.

Afterward, it was time to return to our "captivity," or should we say school.

We extend our heartfelt thanks to the wonderful staff at the Adelaide Art Gallery and Mindshift Escape Rooms for making our excursion an unforgettable experience.





Meg Haronen

English Coordinator

Student Action Team (SAT) Update

This term, the Student Action Team (SAT) groups at Salisbury High School have been hard at work, turning their innovative ideas into reality and making progress on their respective projects.

The Wellbeing Team has initiated an inspiring project by creating a gratitude tree that will soon grace the library. This gratitude tree will allow students to add leaves expressing what they are thankful for. At the beginning of the next term, these leaves will be distributed to each Care Class. It's a heartwarming way for Salisbury students to share positivity and foster a culture of gratitude.

Meanwhile, the Student Clubs Team has been diligently crafting poster advertisements to promote the various student clubs available at Salisbury High School. These passionate students are well-versed in media and design, drawing on their skills gained from Film and Animation classes to create compelling advertisements. Their efforts will help shine a spotlight on the rich array of clubs available to students.

In the realm of environmental awareness, the Environment Team is striving to facilitate the transition to a new bin station system at the school. They've been hard at work developing educational resources to guide students in sorting their waste effectively. This includes informative posters that clarify the sorting process and engaging activities and competitions designed for Care classes to participate in, fostering an environmentally conscious mindset.

These student-led initiatives exemplify the proactive spirit at Salisbury High School, with young leaders working towards improving various aspects of the school community. We look forward to seeing these projects come to fruition and making a positive impact. Stay tuned for more updates from our dedicated SAT teams!

SUSTAINABILITY FORUM

In Week 7, an exciting event unfolded as five bright students from Years 7 and 8 embarked on a mission to the Green Adelaide sustainability forum held at Parafield Gardens R-6 School. Throughout this engaging day, students from various schools came together to share their sustainability projects and initiatives while also exploring potential future projects.

The students had the opportunity to discuss their respective school's sustainability efforts and plans. They exchanged ideas and perspectives, creating a vibrant atmosphere of collaboration and innovation. Each school brought its unique approach to sustainability, showcasing the diverse ways they are working to create a greener future.

A highlight of the event was an inspiring tour of the host school's facilities. Our students were taken through the school's kitchen garden, worm farm, nature garden, and kitchen, all of which are managed through their environment groups and classes. Witnessing the hard work and dedication of students and staff at Parafield Gardens R-6 School left a profound impression.

For our dedicated representatives from Salisbury High, who are part of the sustainability project team, this excursion provided a valuable learning experience. It allowed them to gain insights, be inspired, and brainstorm ideas for future sustainability projects at our own school.

The sustainability forum not only celebrated the achievements of various schools but also served as a catalyst for ongoing collaboration and environmental stewardship. We look forward to seeing the innovative sustainability projects that will bloom at Salisbury High as a result of this inspiring experience. Together, we can make a positive impact on the environment and work towards a more sustainable future.





(Emily Fiorita, Sophia Cambareri, Anna Kempster, Katelin Kempster and Imoghen Young at the Green Adelaide Sustainability Forum)

NORTHERN OPPORTUNITIES

It's always heartwarming to celebrate the success of our Youth Opportunities graduates. Their achievements and scholarships are a testament to their hard work, dedication, and commitment to their education and personal growth. These scholarships will undoubtedly open doors to exciting opportunities and help them pursue their dreams and aspirations. Kudos to the talented and deserving recipients!

- Fatima Al Amary
- Sireen Abdalateef
- Bayan Al Nassar
- Kouger Shiner
- Peyton-Rose Ladhams-Prideaux
- Marianna Galouzis
- Benjamin Mettke
- Olivia Williams
- Hayden Aramoana
- Tia Curley
- Skyla Bath
- Jessie Sheedy
- Vinnie Reed
- Jasmine Hawkins
- Bella Danjko
- Brodie Ashcroft
- Jessica Myatt

The Youth Opportunities program held a scholarship award evening on the 13th of August. Scholarship award ceremonies are not only a recognition of students' achievements but also a chance to celebrate their bright futures. It's a testament to the hard work and dedication of both the students and those who support them throughout their educational journey. Congratulations to all the Salisbury students who received scholarships at the award ceremony, and best wishes for their

continued success!



(Skyla Bath, Peyton-Rose Ladhams-Prideaux, Marianna Galouzis and Olivia Williams at the Youth Opportunities scholarship presentation).



Eleni Galanos Student Leadership Coordinator

of something more extensive. Our space is progressively becoming an area of genuine pride, leaving a legacy for future members.

The After-school Activities at SHS are a highlight, and as summer approaches, we'll be representing Clontarf in the wider community. In the midst of digging, Year 11 student Kalvyn enjoyed kicking the football with Kelly and "testing his one-arm marking skills, or lack thereof." It was fantastic to have our partners involved, and we are eternally grateful for their ongoing support. This is just the beginning, and we can't wait to see what's next, with Bunnings coming out early in Term 4 to help nurture this space!"







Brad Johansen
Clontarf Academy
Director

Clontarf Academy

"Clontarf has embraced spring with the launch of our inaugural Clontarf Garden!

We've teamed up with Bunnings and BMD Group to roll up our sleeves and get our hands dirty. In the warm weather, we were delighted to expand our school's space. 'Half-time' oranges were essential, and we would like to extend our thanks to Kelly and Matt (BMD) for their hard work with the shovel.

The students eagerly participated in the first 'after-school activity' of the season and relished being part

ARTS update

SmArts with Carclew and the Smith Family

Throughout Term 3, music students from Years 10 and Stage 1 have been participating in SmArts Music Industry Workshops, led by Carclew Arts and the Smith Family. In these weekly sessions, students have collaborated with industry professionals to focus on songwriting, singing, stage performance, music production, recording, and exploring potential pathways within the music industry.

On Tuesday, 5th September, the students had the opportunity to visit Northern Sound System, where they engaged in workshops covering live sound setup, stage performance, and studio recording. Subsequently, they visited Carclew in North Adelaide, where students took part in a Careers Panel, interacting with musicians at various stages of their careers, and explored the on-site recording studio run by Mario.

This experience provided a unique opportunity for students to delve into different facets of the music industry, broadening their understanding of the available opportunities to enhance their skills and knowledge. In Weeks 8 and 9, students will record their original songs using the Gig Rig mobile recording studio from Carclew, gaining hands-on experience in recording and post-production processes.







lan Houston Music Teacher

Sports News

Year 9-10 Statewide Futsal Carnival – Coached by Mr. Ryan & Robbie Daly

On August 17, eighteen students travelled to The Arc, Campbelltown, to take part in the Statewide Futsal Carnival against Golden Grove, Parafield Gardens, Salisbury East, Glenunga and Naracoorte High Schools. Both the

Boys and Girl's teams played outstandingly throughout the day however the other teams were a too strong. Well done to all involved!



Year 9-10 Northern Zone Basketball Carnival – Coached by Mr. Johnson & Mr. Smit

On August 22, fifteen students competed in the Northern Zone Basketball Carnival at The Lights, Lightsview. Students participated in a round-robin style carnival against other schools. The boys' and girls' teams competed against a variety of schools in both Division 1 and 2. Both teams played well and demonstrated a high level of sportsmanship throughout the competition. Well done to all involved, it was a great day out!



Year 7/8 Northern Zone 5-A-Side Carnival – Coached by Mr. Ryan and Robbie Daly

On 6 September, twelve students travelled to Football SA, Gepps Cross, to compete against ten other schools around the region. The boys' and girls' teams competed against Salisbury East, Craigmore, Paralowie, Pinnacle College, Mark Oliphant College, Mt Carmel, Riverbanks, The Heights, Valley View and Gawler. Both teams were coached by Mr. Ryan and Robbie

Daly, providing them with guidance and expertise throughout the day. The girl's team displayed a great level of skill and team spirit but unfortunately did not come home with a win. The boys' team finished with one win and one draw. Well done to all involved; all participants have been rewarded House Points for their efforts.



Year 7/8 and Year 9/10 Boys & Girls Futsal – Weekly Sport Update – Coached by Mr. Pipicella, Mr. Ryan & Robbie Daly.

Throughout the term, Salisbury participated in the Northern Areas Weekly Sport competition. Each week, the boys' and girls' teams travelled to compete against Playford International and Salisbury East High School. All three teams have battled through their games against some tough competition. Unfortunately, none of the teams made it into the Grand Final; however all teams showcased an amazing level of skill and teamwork and demonstrated an improvement in skill and knowledge of the game. Well done!





South Australian Sports Institute (SASI) Talent Search



This term, 40 students took part in the SASI Talent Search, a first for Salisbury High School. Students were required to participate in a range of fitness tests including the beep test, 20m sprint, vertical leap, agility and various body measurements such as arm span and sitting height. From this data, students were supplied an individual report outlining their top 5 sports based on their results, their fitness age and their average ranking within Australia and New Zealand. Some students received outstanding results and will be asked to complete further testing within SASI and potentially receive scholarships for their future sporting aspirations. Well done to all involved!

If you are interested in completing this next year, see Mrs. De Pasquale for more details.





Saber Academy – Update

This term, 21 students took part in the Saber Academy. Saber Academy is a new martial arts program for beginners that combines Aikido (Japanese martial art) and Lightsaber (think Star Wars) duelling. Fortunately, students have been provided the opportunity for free every Monday of this term. We extend our gratitude to Twelve25 Salisbury Youth Centre for providing this opportunity!





Lunchtime Sport

Students have the chance to participate in Lunchtime Sport in the Gym daily. The Lunchtime Sport program this term is providing students the opportunity to participate in a Volleyball on Monday, LKBA Basketball Tournament on Tuesday, Badminton on Wednesday, Pipicella Cup Futsal Tournament on Thursday and Netball Staff vs. Students tournament on Friday. If you would like to nominate a team or want to participate please see Mrs. De Pasquale in the gym foyer or simply just show up on the day!

House Points

If a teacher believes that a student has demonstrated one of the Powerful Learner attributes: Resilience, Resourcefulness, Reflectiveness or Reciprocity, or one of the School Values of Kindness, Respect and Achievement, they can award that student a house point for their team. Additionally, throughout the year students have been collecting House Points in areas such as Attendance, Snapshot Grades, House Captain Voting and Extra-Curricular activities such as School Sport and Leadership Academies. Updates of House Points Totals can be found on the digital displays around the school. Well done to all students who have worked hard to secure points for their House.



House Points Blitz Term 3

In the last five weeks of this term, students were challenged to accumulate as many points as possible,

with the top 20 students receiving a free lunch at the start of next term. So far, there have been over 5,000 points received within Weeks 6-10. Well done to all students, and thank you to staff for supporting this initiative!

School Sport in Term 4

Next term, students have the opportunity to participate in a wide range of carnivals against a several different schools throughout the region. The following carnivals will be available:

Week 1

Friday - Year 9-10 Beach Volleyball

Week 2

Monday - Year 7-8 Indoor Football Boys and Girls Wednesday – SWD Boccia & Year 7-9 Badminton Thursday – Year 7-9 Girls Super 8s Cricket

Week 3

Weekly Sport Basketball Starts Friday – Year 7-9 Ultimate Frisbee

Week 4

Friday - Fun Run 3km/5km

Week 7

Thursday - Year 7-8 Beach Volleyball

Please register your interest for these events using the link provided on the Sport Calendar or see me in the gym foyer.

STRIVE Camp

This year's STRIVE Camp received an enormous <u>415</u> student nominations!

Student nominations were open for Salisbury High School's STRIVE Camp. Middle school students (Years 7-10), nominated themselves or their peers and senior students (Years 11-12) nominated themselves to be leaders if they displayed a strong sense of achievement in the following areas:

SUCCESS

TEAMWORK

RESPECT

INCLUSIVITY

VALUES

ENGAGEMENT

The STRIVE team produced the annual STRIVE Trailer, which was showcased at the Middle School Assembly and around the school on media displays. If you missed out, you can watch the trailer by clicking on the link below.



Ashley De Pasquale Coordinator Sports







Sophie White
Pastoral Care Worker

Pastoral Care Worker

In week 7, volunteers from Dreamers Youth Salisbury visited Salisbury High School to generously provide students with a FREE sausage sizzle. They also facilitated a lunchtime activity to encourage fun and foster a sense of community among the students.

Dreamers Youth Salisbury runs their program every Friday night during the school term at 1760 Main North Rd, Salisbury Plain. This program promotes positive, faith-based values, helps build friendships, and supports students in becoming the best version of themselves. Students have spoken highly of their experiences with the program, emphasizing the safe and encouraging community it provides, where they can receive support and make friends.

Many of the SHS students were delighted to see familiar faces among the volunteers. Multiple students have recalled interactions with these volunteers during their previous visits to SHS or through their participation in the Friday night youth program.

This represents a positive and ongoing relationship that the school maintains with the local community, and we eagerly anticipate future connections and collaborations with them.

Wellbeing Update

Breakfast Club:

Breakfast is considered a vital meal because it breaks the overnight fasting period, replenishes the supply of glucose, and provides other essential nutrients to sustain energy levels throughout the day. This, in turn, enhances students' ability to concentrate, learn, and retain new knowledge.

Salisbury High School's Breakfast Programme operates from Monday to Friday mornings, between 8:00 am and 8:35 am. This program is entirely free and open to all students who wish to have a morning meal. The menu includes toasted cheese sandwiches and Milo. During the warmer months, we are stationed outside the B building near the front gates, and when the weather cools down, we move inside to the B8 kitchen.

We extend our gratitude to Kickstart for Kids and Cos We Care for their support in providing the necessary resources to run this valuable breakfast program.

Mental Health:

Mental health encompasses an individual's emotional, psychological, and social well-being. It plays a crucial role in shaping how we think, feel, and make decisions, and it influences our ability to manage stress, relate to others, and navigate life's challenges. In the past year, the world has witnessed a surge in mental health issues among young people in Australia, exacerbated by the global pandemic and the threat of COVID-19.

Research indicates that from 2018, roughly two in five young people between the ages of twelve and twenty-five experienced a decline in their overall well-being and mental health. However, surveys conducted in 2020 during the pandemic revealed a startling increase, with approximately one in two young people now affected. This shift demonstrates the profound impact of COVID-19, not only on the lives of young individuals but also on their families and friends.

Families have grappled with severe lockdown measures, leading to job losses, school closures, and the shuttering of numerous businesses and recreational activities. This period

has witnessed financial hardship due to job and income losses, as well as a decline in social and physical interactions. The ongoing uncertainty related to political stability and the impacts of climate change has further added to the stress and anxiety about the future.

Adolescents and young people, in particular, are navigating a critical phase of their lives, striving to establish their identities, career paths, travel experiences, and eventually, their own families. Unfortunately, the past year has seen many young people struggling to balance school, home, work, and maintain social skills and connections. These challenges have taken a toll on their mental health and well-being.

With the increasing reliance on social media to stay connected, teenagers are, on average, spending anywhere from six to nine hours daily on these platforms. The prevalence of technology and access to social media heighten the risk of cyberbullying, social anxiety, and depression among teens.

For parents or students seeking assistance, the Wellbeing team at Salisbury High School is available to provide support. Additionally, there are external services that can offer further support:

Headspace

Managing stress related to covid-19 virus includes tips to maintain a healthy mindset: https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/e-Headspace, a free online counselling platform: https://eheadspace.org.au/

Kids help line

WebChat counselling: https://www.kidshelpline.com.au/get-help/webchat-counselling

Phone counselling: 1800 55 1800 (free and confidential)

Reachout

Self-care tips: https://au.reachout.com/collections/self-care
Professionally reviewed self-help tools-andapps: https://au.reachout.com/tools-and-apps

Youth Beyond Blue

Mental health

information: https://www.youthbeyondblue.com/ Online chat forum: https://online.beyondblue.org.au/WebModules/Chat/InitialInformation.aspx

Phone counselling service: 1300 22 4636

Blackdog Institute

Dream On – smart phone app trial for young people experiencing sleep

difficulties: https://www.blackdoginstitute.org.au/research/partic

ipate-in-our-research/for-young-people/dream-on

Self-help-tools-

apps: https://www.blackdoginstitute.org.au/getting-help/self-help-tools-apps

Government search engine for locating information and resources on a range of topics.

Sam the ChatBox: https://headtohealth.gov.au/sam-the-chatbot



Dale Merrett
Senior Student
Wellbeing Advisor

School Fees

2024 M&S Fees

Salisbury High School has put forward proposed M&S (Materials and Services) fees for 2024 (attached). These proposals will be deliberated during the Governing Council meeting scheduled for 30th October at 5:15 pm in the B Building. Families are encouraged to participate in this meeting if they wish to provide input on the matter. For those who cannot attend the meeting, parents, caregivers, or independent students may convey their opinions in written form, addressing their views to the Chairperson of the Governing Council before the meeting. Your input is valued and welcomed.

Click here to download the flyer

https://salisburyhs.schoolzineplus.com/_file/media/690/0892_salisbury_high_school_2024_year_7_12.pdf

Outstanding School Fees

We would like to extend our gratitude to the families who have either settled their school fees for 2023 or are adhering to an instalment plan. However, we wish to draw attention to the fact that some fees have yet to be paid, and this can affect the educational experience in the following ways:

- Reduction in the budget for acquiring essential equipment for various subjects like Food Technologies, Design Technology, and Physical Education.
- Constraints on investments in technology, including computers and software.
- Limitations on enhancements to infrastructure, such as shelter, seating, and other facilities.

It's important to understand that school fees are compulsory and encompass the costs associated with materials and services provided to enable your child(ren) to engage in the core components of educational programs.

Payment of Materials and Services (M&S) fees was expected to be concluded by the end of Term 1, unless alternative payment arrangements have been agreed upon with our Finance Office. Any pending school fees will be transferred to Central Debt by the conclusion of Term 3. If you haven't addressed your school fees for this year, we kindly urge you to get in touch with our Finance Officer to establish a suitable arrangement.

Various options are available for paying school fees, which include:

Payment Options:

- BPOINT
- Cash/Cheque/Money Order/EFTPOS
- Centrelink: (direct debit from Centrelink Payments)
- Cheque
- · Credit Card via telephone
- Direct Debit
- School Card: If as parents/caregivers you believe that you are eligible for School Card in 2023 you must apply as soon as possible. Please note you must apply for School Card every year.

Did you know that you can also apply online? Other forms are available from the school if your circumstances are different to those required for School Card eg: 'Hardship' or 'Change of Circumstances'. If you are unsure, please speak to one of our Finance Staff on 81820200.

SA.GOV.AU - School Card scheme (www.sa.gov.au)

FINANCE OFFICE OPENING HOURS

Students can make payments on weekdays at the following times:

- Before school: 8:30 am 8:40 am
- During Recess: 10:40 am 11:00 am (10:50 am 11:10 am on Wednesdays)
- During Lunch: 12:30 pm 1:10 pm (12:50 pm 1:30 pm on Wednesdays)

Parents/Caregivers are welcome to make payments at any time.

We appreciate your cooperation in ensuring that school fees are managed appropriately, allowing us to provide the best educational experience for all our students. If you have any questions or need assistance regarding school fees, please feel free to reach out to our Finance Officer.

Canteen

Great news! You can now order school lunches online, which means you no longer need to worry about finding cash for your child's meals. This convenient online ordering system makes it easier for parents and caregivers to ensure that their children have access to nutritious and delicious meals during the school day. Say goodbye to the hassle of dealing with cash and hello to a more streamlined lunch ordering process.

Click here to visit the Parents How To Guide https://www.rorys.com.au/wp-content/uploads/2016/07/Parents-How-to-Guide.pdf

January 2023 Canteen Menu

Click here to download the Canteen menu

Community Notices

