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### 2 October 2024

# Coming events for Term 3 & 4 2024

Monday 14 October	First day of Term 4	
Tuesday 15 October	Stage 2 Exam – Bosnian (continuers) 1:30pm – 4pm Stage 2 Exam – Nepali (continuers) 1:30pm – 4pm	
Wednesday 16 October	Stage 2 Bosnian Oral Exam (continuers) 12:30pm – 12:50pm	
Thursday 17 October	Stage 2 Nepali Oral Exam (continuers) 10:40am – 12 pm Stage 2 Arabic Oral Exam (continuers) 1pm – 1:20pm	
Friday 25 October	World Teachers Day	

Monday 28 October	Governing Council Meeting – 5:30pm  Material & Services Fees All parents welcome to attend	
Wednesday 30 October	Transition - Student learner Profile Night 4-7pm	
Monday 4 November	Stage 2 Exam – Mathematical Methods 9am – 11:10am Stage 2 Exam – General Mathematics 1:30pm – 3:40pm	
Tuesday 5 November	Year 7 Immunisation	
Wednesday 6 November	Stage 2 Exam – Chemistry 9am – 11:10am	
Thursday 7 November	Stage 2 Exam – Arabic 2:30pm – 4:45pm Dreamers Youth Lunchtime BBQ	
Friday 8 November	Stage 2 Exam – Biology (e-exam)  9am – 11:10amDiwali	

	Charle O Freeman Discretive	
Monday 11 November	Stage 2 Exam – Physics 9am – 11:10am	
Monday 11 – Friday 15 November	PE Week – Daily activities for students	
Tuesday 12 November	SWAN Transition	
Wednesday 13 – Friday 15 November	SWD Camp	
Friday 15 November	ATSI Transition Newsletter	
Friday 22 November	Year 12 Formal  Dance Awards and Arts Showcase	
Tuesday 26 November	Transition – Parent information Evening	
Wednesday 27 November	Year 10 Graduation	
Friday 29 November	Speech Day	
Monday 2 December	Year 6 Transition Day Year 9 CBD Visits Governing Council Meeting 6pm	
Tuesday 3 December	Year 6 Transition Day Year 9 CBD Visit	
Wednesday 4 – Friday 6 December	Strive Camp	
Monday 9 – Tuesday 10 December	Professional Learning for Staff – Student free days.	
Friday 13 December	Last day of Term 4 – students dismissed at 2:10pm End of year reports uploaded to DaymapNewsletter	

# From the Principal



Greetings and a warm welcome to the families of the 196 new students joining Salisbury High School this year. We are excited to embark on this journey together. Our incoming Year 7 students and 18 new students joining our disability unit mark the beginning of a promising chapter. We eagerly anticipate meeting all of you next term

during the transition visits, parent meetings, and the learner profile night. These events are designed to help us understand your needs better and ensure a smooth transition for your child into our school community.

Term 3 is a particularly busy time for our senior students as they work diligently to maximize their future opportunities. Many students participated in holiday workshops, collaborating closely with their educators to achieve their utmost potential. We are supporting students in applying for post-school options, including university, TAFE, and employment. We acknowledge the excitement and uncertainty accompanies this phase, but our personalized support aims to guide them confidently towards the next steps after graduation. Please reach out to the school if your child requires additional support, as leaving school can be traumatic for some students.

Our dedicated career advisors, Brii Daniels and Jonathan Houghton, provide valuable insights into careers and further education paths. Year 12 students have already engaged with major South Australian universities, aiding their decisions about their educational future. It's crucial for students to explore and research their options thoroughly, and our care teachers and Senior School team are here to assist with application processes.

This term Year 7 and 8 Phonics has continued for 20 students across both year levels, focussing on aspects such as blending, segmenting, vowel patterns, syllables and consonants.

We have been able to see many improvements from

the consistent attenders, by working with those students 3 times per week and physically seeing their confidence increase and ability to complete tasks in phonics lessons. To truly gauge improvements, progress phonics screening checks on all partaking students will be completed. This will then provide data to compare to previous screening checks and identify areas of improvement or next target areas. This assessment period will take place across Weeks 8 - 10 of Term 3, using the Advanced and Beginning Decoding Surveys.

In terms of interventions, our Inclusive Education SSOs have continued their support of junior English Teachers in their delivery of weekly literacy blocks, during which students are withdrawn for small group reading and specific tasks. Groups are created through analysis of 3 sets of data, those being Oral Reading Fluency Accuracy and Fluency scores and also the New Group Reading Test (NGRT) undertaken in Term 1 of 2024. In small group reading, SSOs are working with students to comprehend a mentor text, previously read in a class during a modelled reading.

On the numeracy front we have successfully implemented the Quicksmart intervention program for students in Years 7 and 8, which is already showing promising results. In addition, our team is providing in-class support to these year groups, enhancing the learning experience in their mathematics classes. We are also maintaining a comprehensive resource library to support both teachers and students. Furthermore, targeted tutoring is being offered to a number of students who require additional assistance. These efforts collectively aim to bolster our students' numeracy skills and overall academic performance.

Several programs this term have provided our students with excellent opportunities for growth and development. These include the Kain/Raise program, YASTA, Gs to Gents and Youth Opportunities. It is exciting to see the growth and confidence of our students increase through their participation in these programs.

Many of our students have recently applied for scholarships with the support of their teachers, and we eagerly await the outcome of these applications.

Our musical production, "Schooliez," was a massive hit, featuring a cast of 46 and their dedicated

support team. The many hours of rehearsals, set design, costume making, and more, resulted in an impressive outcome. It was fantastic to see students shining in this forum. Thank you to all involved.

Recently, we had the opportunity to acknowledge the invaluable contributions of our support staff. They are the backbone of our school, providing support to staff, parents, and students every day. Their dedication and unwavering commitment play a pivotal role in nurturing an environment of learning and growth. From classrooms to administrative areas, the library to Wellbeing, SWD, and AbEd, SSOs provide essential support, fostering an atmosphere where students can thrive. They bring expertise, care, and a collaborative spirit that uplifts both students and educators. We thank them for their tireless efforts, ensuring that our school community continues to flourish.

I would also like to acknowledge our thriving Governing Council. This team of parents is actively involved in supporting the school in making decisions about grants, uniforms, finances, facilities, and much more. They give up two nights per term to do this. They are proactive and keen to support the school to improve. I feel grateful for their guidance and support and their commitment to our site.

Thank you for attending the Student Led Conferences on Wednesday, September 25th. This face-to-face opportunity with your child's care teacher was a chance to discuss their progress and plans. The connection with families is important to us. If you were unable to make an appointment, please feel free to do so early in Term 4.

Lastly, we seek assistance from our community to showcase our Old Scholars in our newsletter and on our Wall of Fame. If you have any contact with former students, kindly inquire if they would be interested in being featured in our newsletter. For further information or to make a contribution, please contact Ann-Marie Hurley at 8182 0200.

Sylvia Groves Principal

# **Senior School News**

### **Year 12 Update**

Best of luck to all year 12 students in their upcoming exams. Parents please keep a record of the following Exam timetable to be able to support your child during this time.

Click here to download the Stage 2 Final Examination Schedule 2024

Important Information for year 12 parent/caregivers.

Click here to download the End of Year Senior Letter SLC



Adrian Mann Senior Leader Senior School

## Year 11 Update



Year 12
Commemorative
Jacket 2025
Ordering Now
Open for current
Year 11 Students

Online ordering is now open for the Year 12 Commemorative Jacket for 2025. Year 11 students who wish to purchase a jacket need to order online from our shop, which is open 24/7 and costs \$92.

All orders are due by midnight Monday 21<sup>st</sup> October (Term 4, Week 2) and will be delivered to the school Term 1, Week 1, 2025.

Please use the link below to access the online store:

Click here for more information

https://www.belgraviaapparelschools.com/collections/salisbury-high-school

Any questions please contact Lisa Carr in Senior Central.



Alex Cretan
Coordinator
Doorways2Construction
& Design Technology
/PBL Mentor Senior Years

# **VET News**

### 2025 VET Applicants

Following the success of the VET application process in Terms 1 and 2, we are thrilled to announce that 100 Year 10 and 11 students have applied for a VET course in 2024 and successfully passed their interview stage. These students will now move on to the VETRO assessments, which will take place in early Term 4. The VETRO assessments evaluate students' literacy, language, and numeracy skills, ensuring they meet the required standards for success in their chosen courses. Once the students have completed their VETRO assessments, the Registered Training Organisation will then review their results and their applications. Parents will then receive an email from the Department for Education that will require actioning. Successful applicants should receive a letter via email towards the end of the year, or very early in 2025.

Some of these assessments have already been scheduled. Please see the times listed below:

Certificate III in Early Childhood Education and Care

• 15/10/24 at Unit 1 & Unit 2, 2B Morialta Drive, Smithfield, SA, 5114 (students are to find their own way to and from the venue).

Certificate II in Community Services & Certificate III in Health Services Assistance Testing times

• 28/10/24 - 8.40am-11am in D2

Certificate II in Electrotechnology & Certificate II in Plumbing

• 21/10/24 – 8.40am – 11am in D2

Certificate II in Construction Pathways

• 1/11/24 - 10.50 am - 1pm in D2

Certificate III in Information Technology & Certificate III in Screen and Media

• 1/11/24 - 1.00pm -3.10pm in Senior Central

Certificate II in Automotive, Certificate II in Food Processing (bakery), Certificate II in Retail Cosmetics & Certificate II in Salon Assisting

• Times are yet to be confirmed.

Certificate II in Animal Care

• Testing will occur in 2025.

Students have all been emailed a practice test they can complete to prepare for their assessments. These tests can be accessed here: Support Indicator and Industry-Based Literacy & Numeracy Quizzes | Australian Apprenticeships

We wish all our students the best as they continue on their vocational journey!

### **Current VET Students:**

A reminder to all current VET students: your VET reports have been uploaded to Daymap. It is crucial that you check your report to ensure you are on track with your course. Students who are marked as \*not on track\* must follow up with their trainer immediately to see if anything can be done to catch up and complete any outstanding work.

If you require any additional support, please see Mrs. Daniels as soon as possible. Help is available through Learning Support Services and tutoring, so don't wait—reach out now to get back on track and achieve success in your course!



Briianka Daniels

VET and Careers Coordinator

# **Junior and Middle School**

### **Junior School News (Year 7 & 8)**

Term 3 saw the rain and cold come to play at Salisbury High School but it could not dampen our 7/8's progress in both their learning and their school involvement. SnapShots at the mid point provided students with an chance to reset goals and reflect on their learning strategies moving forward with many pleasing shifts towards high achievement.

The musical saw many of our Junior School students get involved in this amazing stage production for the first time and having viewed this on the Friday night I can attest it is an amazing opportunity for our students to showcase their talents in a magical fashion.

Student Led Conferences (SLC's) were conducted face to face for the first time since Term 1 and it was awesome to walk the halls and chat to parents and students out of hours about their successes and plans for the future (whether this be Term 4, 2025 or a future career).

Term 4 will see the sunshine return and will be jam packed with many exciting opportunities for our Junior School students.

20 Year 7's will embark on the Bikes Active Program run by an external agency that specialises in engaging students in resilience based activities using mountain bikes. These students will be put through their paces over 7 weeks culminating in a long ride along the amazing bike paths around our local area.

In Week 8 some of our exceptional JS students will get the chance to travel to Pt Vincent on the annual STRIVE Camp (60 students across all 6 year levels) run by Mr Phillipson and Mr Dakiniewicz to partake in Aquatics and team building activities over the 3 days and 2 nights which if history is anything to go by will create amazing lasting memories for these lucky students.

Week 8 will also see the return of Year 8 Splash Up (Monday December 2<sup>nd</sup>) and Year 7 Splash Down (Tuesday December 3<sup>rd</sup>) to our local water space the newly renovated Salisbury Aquatic Centre. We can not wait to see how this new space at our doorstep can be utilised in new and accessible ways for our student body.

### Middle School News (Year 9 & 10)

Term 3 has seen our students continue to grow as powerful learners. We have just completed our Student Led Conferences with great success. This is a real credit to our school community and always a highlight of each term. Overall, we have seen improvement in most our middle school grades and this is great news. Thanks to all families who attended and it was great to have our students share highlights and set goals for improvement for term 4.

The Ice factor program is continuing to grow in strength and the team recently achieved incredible success at the end of term tournament. The team won every game and the engagement and behaviour demonstrated by our students was excellent.





The Youth Opportunity Graduation was held on Tuesday the 24th of September with an amazing turnout. The students spoke with confidence and it was such a special celebration of success. Thanks to all the families who attended and you can be so proud of your child.

Year 9 and 10 have now completed Course Counselling for 2025. Students have been working on this throughout the Personal Development Program by thinking about career choices they may be interested in and which subjects they can choose to assist in these pathways. Leadership has met with Year 10 students to debrief proposed 2025 subject selections. In Term 4 we will continue to focus on PBL and start preparations for Year 9 CBD visits and Year 10 Graduation. We would like to thank everyone for your ongoing support and wish everyone a happy holidays.





**Todd Symons** Senior Leader

Leon Karvelis Senior Leader Junior School Yrs 7 & Middle School Yrs 9 & 10

# **STEM Update**

## Science Olympiad – Winners are **Grinners!**

On Wednesday the 4th of September, Salisbury High School hosted the third NASSSA Science Olympiad at the Central Districts Football Club. Students worked in small groups answering 3 rounds of science questions and then had to complete a STEM Challenge. The STEM Challenge involved making a car powered by a balloon and the winner was determined by which car the travelled furthest from the origin (displacement).





Congratulations to all those involved, all 3 teams walked away with something on the night! We came first overall

in the middle section (9/10 - Claudia, Anna, Chad, Krystal and Dikchya) and third overall in the senior section (11/12 - Rithisa, Brodie, Fatima and Abishek) We also placed second in the STEM Challenge (Ali, Sujjad, Hardus, Imogen and Qamar). So proud of you all!



A big thank you to all those teachers who came and supported our students and helped organise the event, especially Mr Dalton, our lab manager Anna de Conno and our MC for the night Ms Parsons.





Rebecca Ludewig
Senior Leader Mathematics, Science
and Numeracy

# **Humanities Update**

### **Archaeology at SHS!**

You'd be crazy looking for Roman remains in the Northern Suburbs of Adelaide, but that is what Mr Cannard's Year 7 Roman History classes have been doing any way!

Employed for the day as Archaeologists, the Year 7s dug up the sand pit to discover the bodies of two Roman soldiers (planted by Mr Cannard). The story they revealed, hidden in the ground for millennia, was of a great battle on the Salisbury Plain. While the students saw through their teacher's obviously contrived scheme, it didn't dampen the excitement of piecing together the evidence on a beautiful sunny spring day. All eyes were down as the story of the headless Roman soldier unfolded from under their feet.

Congratulations to the students that got involved and made the day a tiring, yet worthwhile venture.





James Cannard
Humanities Teacher

# Citizenship in Action!

Year 8 students have been learning about the importance of being Active Citizens in their communities as part of their learning in Civics and Citizenship. Students were asked to identify an issue that has significance or importance to them and write an email to their local Member of Parliament addressing the issue.

Kaylum Rex wrote to Matt Burnell MP, Member for Spence, addressing the issue of free Public Transport for students. Kaylum outlined the benefits of free public transport and researched information to support his issue including data and recent studies addressing the issue. Kaylum received a response from Mr. Burnell informing him that his email has been sent to the State Transport Minister Mr. Koutsantonis MP. We are eagerly awaiting to hear from the State Transport Minister and will provided an update. This is an excellent example for students that if they see an issue or want changes in their community there are ways to be heard and have a positive impact!





Below is a copy of Kaylum's email sent to Mr. Burnell MP

# Why Public Transport Should Be Free for Students

To the Honourable Matt Burnell MP.

Hello Matt, my name is Kaylum Rex I go to Salisbury High School in South Australia and I am an active participant today's society and I am writing to tell you why public transport in Adelaide should be free for all students. Democracy means a government system which citizens can take part in and here I am trying to change a law in the state of South Australia. I chose to write to you because you are the person suitable to change this law. With the change of this law, I have considered the impact of all students to be good, and also for Adelaide Metro, it is still good as they still make heaps of money from adults and concessions, plus some students don't even pay they just work on.

Public transport is being used by students more and more each year which is costing a fortune. Public transport is used by students a lot more recent than a few years back, meaning the fare is costing more for the students and Adelaide Metro is getting more money from students who only have one way to school. A research project from March 2024 shows that 11.87 million students used public transport at least once in the months of January, February, or March. This survey was also done in 2022 and only 8.9 million students used public transport in the first 3 months of 2022. This evidence shows that more students are using public transport then in the past few years.

Making public transport free for students will help in the future. The out-of-pocket prices of public transport is making it harder for students who can't make it to school without a train, tram, or bus. This also means that new inspirations could be made. I asked 60 people at my school if they can afford public transport and 3 people said they don't pay because they can't get kicked off, 5 said they can't afford, 2 people said they can barely get to school because of the prices. If students can't legally get kicked off if they don't pay, why aren't prices free? This should be more than enough reasoning to hopefully convince you and give people the education they want to get by making public transport free so they can go to school without having to pay hundreds each year.

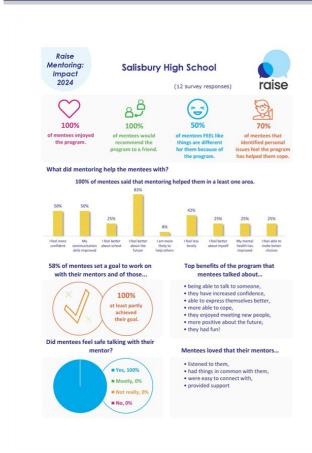
Public transport is way too expensive for students. I use public transport twice a day to get to school and to get home, if it costs \$2.50 each time I scan, I am paying \$5 a day to get an education for my future in life. If I go to school 200 days a year, that means I am paying a whole thousand dollars just to go to school and learn, that is a lot of money, I could save up for a car with that much but I have to pay to go to school. This evidence should definitely and easily prove that public transport is too expensive for students who just want to go to school and learn.

These 3 reasons have meaning and this topic should be taken seriously. There are people in Adelaide who can't get a future because they can't afford, don't want to pay, or simply are sick of paying to get to school and want it to stop. Could you imagine being a student trying to get a good education for your future, but you can't afford public transport. This is a major problem in our city so will you, Honourable Matt Burnell MP make public transport in the state of South Australia free for all student. You would be able to make this change by creating a bill and going through parliament.



Chrisitine Zientara
Research Project
Coordinator &
Humanities Teacher
And
Georgia Hughes
Student Teacher CDU

# **Northern Opportunities**



"Recently our Year 9 Northern Opportunities students wrapped up their Raise mentoring course where they spent 20 weeks meeting with a volunteer mentor from the community.

This program is a highlight of our Northern Opportunities Program each year and is a life changing program for many of our students. The picture attached includes information from the students final evaluation and shows the positive impact this program has."

# **Student Leadership**

This term, the Student Leadership Team has been actively involved in organizing two key events for the school community: a bake sale and a movie fundraiser.

### Bake Sale (Week 7):

The bake sale was held last week and was a major success, with the team raising over \$180 from various baked goods including banana bread, brownies, chocolate muffins, caramel slice, scones, and choc chip cookies. There was overwhelmingly positive feedback from both teachers and students, particularly about the brownies and caramel slice. The student leaders displayed excellent teamwork, handling everything from setup to running the stall efficiently. Additionally, students also contributed baked goods for the SSO Week morning tea, which was held last Friday.





# Movie Fundraiser (Week 9):

Next week, the team will host a movie fundraiser. A survey was distributed to the student body to select the movie, with the overwhelming majority voting for *Spiderman: Into the Spider-Verse*. Tickets have just gone on sale today, and we are hopeful that a large number of students will participate in this event!

To ensure the funds raised this term would go toward a cause that resonates with the student body, the Student Leadership Team distributed a survey through Care classes. The results showed a significant number of students voting

to use the funds for new sports uniforms. This decision has been met with great enthusiasm, especially from our Sports Coordinator, Mrs. DePasquale, who is very excited.

**Together for Humanity National Youth Summit** 

In Week 4, four Year 11 student leaders had the incredible opportunity to travel to Canberra and present at the *Together for Humanity National Youth Summit*. These students represented Salisbury High School, delivering a presentation to various prominent figures, including Governor General Sam Mostyn, Minister for Youth Dr. Anne Aly MP, and Minister for Education Jason Clare MP. During the summit, our students engaged with other student leaders and began discussions on promoting inclusion and diversity. The experience was enriching, and the students have returned motivated to drive initiatives that foster a more inclusive environment at our school and celebrate the amazing multiculturalism that we have.





# New Student Leadership Program in Collaboration with the Salisbury Council

A new program for student leaders opened up applications these past few weeks, with the aim of forming a team who will collaborate with the Salisbury Council over the next year. This team which is open to Year 9 and 10 students will work with the Salisbury Council to create more accessible spaces, events and opportunities for youth living in the Salisbury Area. This is an exciting opportunity for our student leaders who are keen to step up in the community and we look forward to seeing what they do!

The Student Leaders have been busy this term, making strong contributions through both fundraising efforts and representation at a local and national level.

We are looking forward to the success of next week's movie fundraiser and are excited about the improvements these funds will bring to our sports uniforms!



Eleni Galanos Student Leadership Coordinator

# **Arts update**

## A Night to Remember with "Skooliez"!

Lights, camera, action! In week 8 this term, our talented high school Performing Arts students took to the stage for their highly anticipated production of *Skooliez*, a vibrant and hilarious musical set against the backdrop of 1980s Australia. With a cast brimming with energy, creativity, and a few cheeky surprises, the performances turned out to be a delightful romp through a decade known for its larrikin spirit and unforgettable cultural references.



From the moment the lights went up, the audience was transported to a time when mullets and big perms reigned supreme, Walkmans and Ataris were the height of technology, and larrikin humour was at its peak...before everything got too PC. The story followed a group of quirky high school students as they graduate from high school and celebrate at the schoolies weekend in sunny Queensland.

Whilst on holiday they not only had to navigate the ups and downs of teenage life, complete with outrageous pranks, heartfelt friendships, but also had to get to the bottom of some shady business. All of this with a liberal sprinkle of classic Aussie slang that had everyone in stitches.

One of the standout features of Skooliez was the students' clever use of artistic license and improvisation. While the script provided a solid foundation, our young performers took it upon themselves to inject their own brand of humour and spontaneity into the show- sometimes unbeknownst to their teachers! Whether it was an unexpected line, a visual gag or a cheeky nod to iconic 80s pop culture, the improvisational moments showcased their talent and made each performance feel fresh and exciting.

The musical numbers were a particular highlight, with catchy tunes inspired by the hit songs of the 80s. From energetic dance routines to heart-warming ballads, the students' voices soared, captivating the audience. The choreography, led by our dedicated senior dance students, was a dynamic and energy filled incorporating everything from classic 80s dance moves to bring the scenes to life.





The costumes, lighting, animations and set also deserves a special mention. From bright neon colours to realistic 80s locations and fashion the stage was transformed into a nostalgic homage to the era. It was clear that a lot of time and effort went into creating an authentic atmosphere that perfectly complemented the show's quirky tone.

Parents, friends, and staff filled the audience each night, their laughter and applause creating a happy and supportive atmosphere, spurring the young performers on to greater performances; there's nothing like the feeling of the audience reacting to your performance. Many audience members commented on how the performances not only entertained but

also transported many of the audience back to their youth and their own high school experiences, making *Skooliez* a true celebration of youth and friendship.

As the final lights went dim and the cast took their bows, it was evident that *Skooliez* was more than just a school musical; it was a testament to the creativity, dedication, and talent of our students and staff. The cast and crew have set a high bar for future productions, and we can't wait to see what they come up with next!?

A massive thank you to everyone involved in bringing *Skooliez* to life, from the performers and crew to the supportive parents and teachers. This production was a perfect reminder of the joy and laughter that can come from embracing our unique culture, one cheeky larrikin moment at a time.

Photos and a recording of the performances will be made available to students to download later in Term 4.





Even though there was a number of staff who supported the musical production throughout with the preparations the following four staff played pivotal roles in guaranteeing that the production progressed smoothly.



Oleg Zadoyanchuk, Eleni Galanos and Sarah MacAskill



Cathy Kobs 'Costume Extraordinaire'



Sarah Jane MacAskill Visual & Performing Arts Coordinator

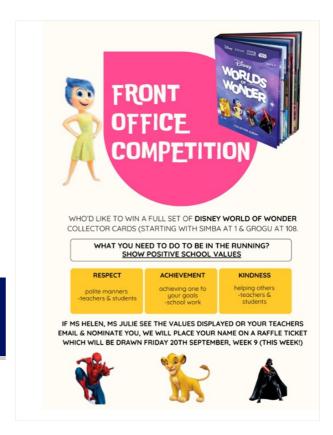
# Showcasing Inclusive Education

Inclusive Education team members are the staff who support students in the classroom and care groups. They work tirelessly to assist students who require extra support. Some staff also run small groups focused on intensive learning, social skills, literacy support, and numeracy blocks, all aimed at addressing each student's individual needs and scaffolding towards independent learning and basic life skills.



# **Front Office Competition**

Helen and Julie in the Front Office worked tirelessly to complete one whole Disney set, and then all of a sudden, they had two full sets. Students were nominated by their teachers, with the ladies drawing out two winning entries.



Congratulations to Grace in Yr 7 and Shauna in Yr 10.





# **Clontarf Update**

Salisbury Clontarf Academy

# Salisbury Sunrise







Click here to download the Full Salisbury Sunrise Newsletter



Brad Johansen
Clontarf Director
Salisbury High School

# **Sports News End of 3**

Year 7/8 and Year 9/10 Boys Futsal – Coached by Mr. Pipicella & Robbie Daly.

This term, Salisbury has actively participated

in the Northern Areas Weekly Sport competition, where our boys' teams have been making waves. The teams travelled to Salisbury East High School, Playford International and Banksia Park.

The competition has been fierce, with both teams facing challenging opponents. The Year 7-8 boys secured a victory against Banksia Park but were edged out by Salisbury East. Meanwhile, the Year 9-10 boys experienced a tough loss to Banksia Park but bounced back with an impressive win against Salisbury East in a nail-biting match. The last match of the fixture saw a win and a loss which sadly put both teams into 3<sup>rd</sup> place overall and not in contention for the grand final match.

Throughout the competition, the boys have demonstrated remarkable skill, teamwork, and a noticeable improvement in their understanding of the game. Their hard work and determination are truly commendable.

Congratulations to both teams for their outstanding efforts and continued growth. Well done





# Second Round of the Statewide Year 11-12 Boys Soccer – Coached by Mr. Pipicella & Nick Anderson

Our Year 11-12 Statewide Boys soccer team put up a strong effort in the second round of the Statewide Competition. Unfortunately, they were unable to secure victories against Berri and Thomas More, missing out on the grand finale. Despite the losses, the boys played with determination, showing skill and sportsmanship throughout the competition.

It was a great experience for the team to compete at this level, and we are proud of their hard work and commitment. This journey has given them valuable lessons and memories, and we look forward to seeing them back in the

competition next year.



# Second Round of the Statewide Year 9-10 Boys Soccer – Coached by Mr. Pipicella & Robbie Daly

Our Year 9-10 boys recently competed in the Statewide Soccer Competition, facing off against strong teams from Glenunga and Hallett Cove. While the results didn't go in our favour, with the boys missing out on a spot in the finals, they played with heart and showed great teamwork throughout both matches.

Despite the tough outcomes, the experience was invaluable for the players, and they gained a lot from competing at this high level. We are proud of their effort and look forward to their continued growth and success in future competitions.



Year 7-8 Girls Volleyball – Coached by Ms. Kasdalis

The Year 7-8 Girls Volleyball team had a challenging yet rewarding experience in their recent competition. Although they didn't secure any wins, the girls displayed excellent effort and determination throughout the day, with several close games showcasing their potential.

This experience provided valuable learning opportunities, and the team can be proud of the progress they've made. We look forward to seeing their continued growth and improvement in Beach Volleyball next term.



# Student's Sport Profile - Emma Roberts - Professional Wrestling

Emma Robert's journey into professional wrestling began early, growing up in a family deeply involved in the sport. By the age of 15, Emma was already filming wrestling events, but she soon realized her true passion was being in the ring herself.

Starting her training at the beginning of 2024, Emma has committed to a rigorous schedule that combines gymnastics, bodybuilding, and acting—essential elements for any aspiring wrestler. She trains three times a week, focusing on a mix of cardio and strength-building exercises to prepare her body and mind for the challenges ahead. Emma's dream is to become a professional wrestler, but she knows that it will take at least one to two years of dedicated training before she can compete in her first match. Her ultimate goal? To win a title in Australia, a dream that drives her every day.

With her natural talent and determination, Emma is well on her way to achieving her goals. We wish her all the best as she continues to train and chase her dream of becoming a champion in the world of professional wrestling.





# **Coach Highlight of the Term – Joseph Pipicella**

This term, we recognise Mr. Pipicella for his incredible impact on our students. Passionate, dedicated, and experienced in Soccer and Futsal, Mr. Pipicella inspires students to believe in themselves and strive for success both on and off the field. This year he has coached 11 different teams and still has Beach Soccer next term!

Mr Pipicella's leadership has helped students become not just better athletes but stronger individuals. Whether it's through lunch time training sessions, encouraging words, or showing up as a steadfast mentor, Mr Pipicella pushes students to aim higher, work harder, and believe in themselves. His approach is more than just about winning games or matches—it's about fostering growth, building confidence, and teaching the life skills that sports uniquely provide.

Mr. Pipicella is a true role model, shaping future leaders and making a lasting difference in our school community. Salisbury High School is incredibly fortunate to have someone as dedicated and inspiring as Mr. Pipicella!



School Sport & Lunch Time Sport

For updates, sport achievements and useful links, please look in the new "Extra-Curricular" tab on the school website. Students can access the sport calendar for each term and nominate for sports using the Forms link advertised on Daymap.

Students have the chance to participate in Lunch Time Sport in the Gym daily. The Lunchtime Sport program this term provides the opportunity for students to participate in LKBA Basketball, Volleyball, Year 7s Only, Pipicella Futsal Cup, Weights and Badminton.

### **School Sport in Term 4**

School Sport in Term 4 is an extremely busy term and will see many more sports being offered, continue to check Daymap and the Sports Board for upcoming carnivals. In an effort to enhance the competitiveness of our teams and promote positive behaviours during HPE lessons, SHS will be selecting students directly from their HPE classes. This approach will also provide an opportunity for students who excel but may not typically nominate themselves. Additionally, students may be required to attend trials or training sessions in order to be selected for the team. Some carnivals also offer a "noncompetitive" competition, which will be promoted to students interested in exploring new sports in a non-competitive environment.

# **Clubs Update**

There are currently 19 clubs available for students to engage in during lunchtimes throughout the week at Salisbury High School. The clubs offered provide students opportunities to participate in a range of activities including; Art, Board Games, Dungeons and Dragons, Boxing, Archery, Table tennis, Netball, STEM experiments, Meditation & Chill, Chess, Games & Anime, Pride Club and many more. Students who attend a club twice or more throughout the term will be issued a House Point for positive behaviour. To get involved, all students need to do is turn up. Times and locations of clubs and activities offered are posted on DayMap daily as well as displayed on the electronic boards throughout the school. In addition to the clubs, students are able to use the newly established outdoor chess and table tennis tables at lunchtime, with bats, balls and chess sets available to be borrowed from the STEM Office. The most popular clubs in term 3 have been; the LKBA Basketball, Chess Club, Dungeons and Dragons

and the Lego Club. This term has seen the addition of two new clubs; Pride and Gaming & Anime Club, please see Daymap bulletins for more information. This term will also see the Chess Club compete in another interschool at Tyndale College, if you are interested in joining the team, please see Mr. Dalton.







Ashley De Pasquale Coordinator Sports

# **Student Interest**

# **Army Cadets**

Earlier this year, Leon Fox and PJ Tricker, conducted a recruitment for our Army Cadet unit, 49 ACU. With the kids that signed up, we discussed a few things they can expect: they can earn SACE points, as well as participate in many different activities such as camps and shooting.

#### What is Army Cadets?

The Australian Army Cadets is a national youth development programme that proudly shares the character and values of the Australian Army. It is a partnership between the Australian Army and the community. Some units, including 49 ACU, are affiliated with the Australian Army, and therefore, on some nights, Army personnel might be on base with us. 49 ACU is located at Broadmeadows Rd, Elizabeth North SA 5113.

To join cadets, you must be turning **13** in the calendar year you sign up, and the oldest you can be is **18**, at which point you will age out at the end of the cadet year.



Cadets and Staff at End of year parade

Every year, Army Cadets from all over South Australia come together to conduct the Annual Field Exercise, also known as AFX or Ex Rising Sun. This event takes place during the first week of the school holidays at Murray Bridge, where cadets participate in various courses.





Cadets on AFX gathered around at Murray Bridge

Some of the courses available include:

- 1. **Alpha** For recruits or cadets attending their first AFX
- 2. **Bravo** For cadets who haven't completed all their training or couldn't get onto a course
- 3. Medics
- 4. Cooking/Catering
- 5. Mechanic
- 6. Recon
- 7. Weapons
- 8. Tier 3

These are just some of the many courses you can undertake during your cadet career.

### **SACE Points**

Another big advantage for students in Year 7 is that when you rank up in the cadets, you earn SACE points for your Year 11 and 12 subjects. This means that when you reach Year 11 and 12, you will have SACE points that can be used to drop classes, allowing you to leave school for the day around 12:00–12:30.

Recruit (RCT) to Cadet (Cadet	Stage 1	10
CDT Level 2	Stage 1	10
CDT Level 3	Stage 1	10
CDTLC Lance Corporal	Stage 1	10
CDTCPL- Cadet Corporal	Stage 1	10
CDTSGT- Cadet Sergeant	Stage 1	10
CDTWO- Cadet Warrant Officer / Cadet Under Officer CDTCUO	Stage 2	20

So, in total, if you join at the age of 13 and progress through the ranks until you age out at 18, you could earn up to **80 SACE points**.

Another great benefit of being in Army Cadets is that when you leave, you will receive a letter of recommendation. This is especially helpful if you plan to join the Army or apply to the **Australian Defence Force Academy (ADFA)**, as it can significantly increase your chances of being selected.

### Cost

The cost of joining Army Cadets is \$30 per term for four terms, totalling \$120 per year. Additionally, there is a one-time fee of \$50 for the uniform, which includes pants, an overshirt, boots, a bush hat, and two pairs of socks. When you rank up from recruit to cadet, you will also receive your KFF (slouch hat or khaki fur felt) as well as the ANF patch (Australian National Flag), the unit and battalion patches, and a ceremonial belt.

You will also need to purchase an undershirt. The unit currently offers two options at \$25 each, or alternatively, you can get a skin-coloured t-shirt or a green t-shirt.

When you age out at the end of the cadet year, upon turning 18, you will be required to return your pants, overshirts, hats, and patches. However, you get to keep your boots, socks, and any undershirts you may have purchased from the unit.

### Contact us for more

For more information feel free to come see us at 49 Army Cadet Unit at Broadmeadows Rd, Elizabeth North SA 5113 from 18:00-21:30 (6:00pm-9:30pm) or feel free to contact us at

Cadet Corporal PJ Tricker - Pj.Tricker@armycadets.gov.au Cadet Recruit Leon Fox - Leon.Fox@armycadets.gov.au

Acting CO (commanding officer) and Administration officer Lieutenant Mel Green - Mel.Green@armycadets.gov.au or Mobile: 0414 022 452





Leon Fox and PJ Tricker

Year 11 Students

# **Wellbeing Update**

### **Mental Health:**

Mental health encompasses an individual's emotional, psychological, and social well-being. It plays a crucial role in shaping how we think, feel, and make decisions, and it influences our ability to manage stress, relate to others, and navigate life's challenges. In the past year, the world has witnessed a surge in mental health issues among young people in Australia, exacerbated by the global pandemic and the threat of COVID-19.

Research indicates that from 2018, roughly two in five young people between the ages of twelve and twenty-five experienced a decline in their overall well-being and mental health. However, surveys conducted in 2020 during the pandemic revealed a startling increase, with approximately one in two young people now affected. This shift demonstrates the profound impact of COVID-19, not only on the lives of young individuals but also on their families and friends.

Families have grappled with severe lockdown measures, leading to job losses, school closures, and the shuttering of numerous businesses and recreational activities. This period has witnessed financial hardship due to job and income losses, as well as a decline in social and physical interactions. The ongoing uncertainty related to political stability and the impacts of climate change has further added

to the stress and anxiety about the future.

Adolescents and young people, in particular, are navigating a critical phase of their lives, striving to establish their identities, career paths, travel experiences, and eventually, their own families. Unfortunately, the past year has seen many young people struggling to balance school, home, work, and maintain social skills and connections. These challenges have taken a toll on their mental health and well-being.

With the increasing reliance on social media to stay connected, teenagers are, on average, spending anywhere from six to nine hours daily on these platforms. The prevalence of technology and access to social media heighten the risk of cyberbullying, social anxiety, and depression among teens.

For parents or students seeking assistance, the Wellbeing team at Salisbury High School is available to provide support. Additionally, there are external services that can offer further support:

### Headspace

Managing stress related to covid-19 virus includes tips to maintain a healthy mindset: https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/e-Headspace, a free online counselling

platform: https://eheadspace.org.au/

### Kids help line

WebChat counselling: https://www.kidshelpline.com.au/get-

help/webchat-counselling

Phone counselling: 1800 55 1800 (free and confidential)

### Reachout

Self-care tips: https://au.reachout.com/collections/self-care

Professionally reviewed self-help tools-andapps: https://au.reachout.com/tools-and-apps

#### Youth Beyond Blue

Mental health

information: https://www.youthbeyondblue.com/

Online chat

forum: https://online.beyondblue.org.au/WebModules/Chat/Init

ialInformation.aspx

Phone counselling service: <u>1300 22 4636</u>

#### **Blackdog Institute**

**Dream On** – smart phone app trial for young people experiencing sleep

difficulties: https://www.blackdoginstitute.org.au/research/partic ipate-in-our-research/for-young-people/dream-on

Self-help-tools-

**apps:** https://www.blackdoginstitute.org.au/getting-help/self-help-tools-apps

**Government search engine** for locating information and resources on a range of topics.

Sam the ChatBox: https://headtohealth.gov.au/sam-the-chatbot



Dale Merrett Senior Student Wellbeing Advisor

# **School Fees**

### 2025 M&S Fees

Salisbury High School has put forward proposed M&S (Materials and Services) fees for 2025 (attached). These proposals will be deliberated during the Governing Council meeting scheduled for 28th October, 2024 at 5:30pm in the B Building. Families are encouraged to participate in this meeting if they wish to provide input on the matter. For those who cannot attend the meeting, parents, caregivers, or independent students may convey their opinions in written form, addressing their views to the Chairperson of the Governing Council before the meeting. Your input is valued and welcomed.

### Click here for more information

Thank you to those families who have paid school fees for 2024 or are paying them by instalment. However, some fees still remain unpaid and this can have an impact on curriculum delivery and the learning environment such as:

- reducing the amount that we can spend on equipment for Food Technologies, Design Technology, Physical Education, etc.
- limiting the purchasing of technology may be limited (ie computers, software etc).
- Reducing improvements to shelter, seating and other facilities.

If you have not paid school fees or organised part payment for this year, please contact our Finance Office to make arrangements.

School fees are compulsory and represent costs for materials and services that are provided for your child(ren) to undertake the fundamental elements of educational courses.

Payment of M&S services is due by the end of Term 1, unless other payment arrangements have been made with our Finance Office.

There are a number of ways to pay school fees;

#### Payment Options:

- BPOINT
- · Cash/Cheque/Money Order/EFTPOS
- Centrelink: (direct debit from Centrelink Payments)
- Credit Card via telephone
- Direct Debit
- School Card: If as parents/caregivers you believe that you are eligible for **School Card in 2024** you must apply as soon as possible. Please note you must apply for School Card every year. Did you know that you can also apply online? Other forms are available from the school if your circumstances are different to those required for School Card eg: 'Hardship' or 'Change of Circumstances'. If you are unsure, please speak to one of our Finance Staff via 81820200.

### Click here for more information

### FINANCE OFFICE OPENING HOURS

Monday to Friday for students to make payments:

Before school: 8:30am - 8:40amDuring Recess: 10:40am - 11:00am (10:50am - 11:10am Wednesdays)During Lunch: 12:30am - 1:10pm (12:50pm - 1:30pm

Wednesdays)Parents/Caregivers are welcome anytime between 8:30am and 3:30pm.

# Canteen

Great news! You can now order school lunches online, which means you no longer need to worry about finding cash for your child's meals. This convenient online ordering system makes it easier for parents and caregivers to ensure that their children have access to nutritious and delicious meals during the school day. Say goodbye to the hassle of dealing with cash and hello to a more streamlined lunch ordering process.

Click here for more information

### January 2024 Canteen Menu

Click here to download the Canteen Menu

# **Community Notices**

